



Australian Government

**HLTAHW050 Develop a healing
framework for social and emotional
wellbeing work**

Release: 2

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Modification History

Release	Comments
Release 2	<p>Updated:</p> <ul style="list-style-type: none"> • assessor requirements statement • foundation skills lead in statement • licensing statement • modification history to reflect 2012 standards <p>Equivalent outcome.</p>
Release 1	<p>This version was released in <i>HLT Health Training Package release 1.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and environment requirements.</p>

Application

This unit describes the required skills and knowledge for Aboriginal and/or Torres Strait Islander health workers to facilitate a healing journey and to better understand and empathise with clients.

Aboriginal and/or Torres Strait Islander Health Workers who undertake a healing journey themselves have an increased awareness of their own issues and limitations. This self knowledge enables them to work more effectively with others in the healing process.

This unit equips Aboriginal and/or Torres Strait Islander Health Workers to provide support related to social and emotional wellbeing and does not infer that they are qualified counsellors.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

1. Observe local cultural traditions and practice

1.1 Acknowledge traditional ownership of the land and seek permission to allow the healing process to take place on the land

1.2 Recognise the presence of traditional land owners in the healing process, including their role in the spiritual aspects of the healing process

1.3 Clarify local kinship structures, roles and obligations through discussion with Elders

1.4 Acknowledge the importance of the support processes of extended families in preparation for healing and in undergoing a healing process

2. Conduct and support a facilitated group healing process

2.1 Discuss cultural grieving processes

2.2 Develop and agree to rules for participation in a healing group as part of a group, ensuring safety, confidentiality and cultural security during and after the process

2.3 Use verbal and non-verbal communication skills to support the healing process

2.4 Support self-expression and healing through art, dancing, storytelling, singing and/or painting

2.5 Disclose self-selected past emotional influences with the group involved in the healing process and relate to the present situation and potential future

2.6 Use appropriate techniques to examine transgenerational trauma with the group

3. Reflect on healing process

3.1 Document outcomes according to organisation procedures

3.2 Discuss with appropriate staff, colleagues, peers or mentors own reaction to the process

3.3 Engage in ongoing reflective practice

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>