



Australian Government

HLTAHW042 Implement a burns rehabilitation care plan

Release: 1

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Modification History

Not applicable.

Application

This unit describes the skills and knowledge required to manage and promote the ongoing physical, physiological and psychological rehabilitation of a client recovering from a burn injury.

The unit applies to those Aboriginal and/or Torres Strait Islander Health Workers providing a range of primary health care services to Aboriginal and/or Torres Strait Islander clients and communities.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Elements and Performance Criteria

Elements define the essential outcomes.

1. Assess the psychosocial impact of burn injuries on clients

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

1.1 Respect Aboriginal or Torres Strait Islander people's community values, beliefs and gender roles when assessing psychosocial impact

1.2 Undertake risk assessment of the client, identifying factors which may indicate risk to themselves or the safety of others

1.3 Identify the social and cultural implications of a burns injury

1.4 Note possible signs of trauma and/or major mental health issues related to the burn injury

1.5 Identify pre-existing factors in the individual, family and/or community that may impede or facilitate recovery and the healing process

1.6 Involve family or significant others in the assessment process

Elements define the essential outcomes.

2. Implement a care plan in response to psychosocial assessment

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

2.1 Develop a care plan in consultation with the client and/or significant others, in line with organisation, community and confidentiality requirements

2.2 Address client's rehabilitation needs and findings of routine psychosocial assessment in the care plan

2.3 Document care plan in line with organisation and community requirements

2.4 Communicate care plan to client and/or their carer(s) and negotiate as required to encourage full understanding and agreement

2.5 Take action to minimise risk of harm to self or others during implementation of care plan

2.6 Support client to take a self-care approach to health in line with individual needs and organisational requirements

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

3. Develop scar management strategies

- 3.1 Identify factors affecting scar formation
- 3.2 Apply pressure garments correctly and with care
- 3.3 Implement methods to minimise hypertrophy, increase scar pliability and protect burned skin
- 3.4 Implement methods to prevent or minimise contracture
- 3.5 Employ simple techniques to reduce itching
- 3.6 Instruct the client about basic massage techniques, as appropriate
- 3.7 Refer clients to allied health professionals, as appropriate
- 3.8 Discuss reconstructive options with allied health professionals and clients, if relevant

4. Incorporate nutrition and exercise in care plan

- 4.1 Explain to the client the importance of nutrition in burn recovery
- 4.2 Develop an exercise program in consultation with health professionals that encourages movement and ambulation
- 4.3 Instruct the client in basic exercises under the supervision of a health professional
- 4.4 Facilitate exercise through splinting/positioning
- 4.5 Use adaptive equipment where relevant
- 4.6 Discuss the consequences of not following an exercise program with the client and/or carer(s)

5. Refer clients in line with care plan

- 5.1 Identify and inform clients of community and health services that provide support to burns patients and/or their families
- 5.2 Make referrals in line with service policy and procedures
- 5.3 Follow-up with clients and families once referred

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

www.cshisc.com.au - <http://www.cshisc.com.au>