



Australian Government

HLTAHW029 Provide information and strategies in maternal and infant health

Release: 2

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Modification History

Release	Comments
Release 2	<p>Updated:</p> <ul style="list-style-type: none"> • assessor requirements statement • foundation skills lead in statement • licensing statement • modification history to reflect 2012 standards <p>Equivalent outcome.</p>
Release 1	<p>This version was released in <i>HLT Health Training Package release 1.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and environment requirements.</p>

Application

This unit describes the required skills and knowledge to conduct health promotion related to maternal and child health as part of primary health care services for Aboriginal and/or Torres Strait Islander communities.

It applies to those Aboriginal and/or Torres Strait Islander Health Workers providing a range of primary health care services to Aboriginal and/or Torres Strait Islander clients and communities.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

Elements define the essential outcomes.

1. Provide health information, support and care for women and

PERFORMANCE CRITERIA

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

1.1 Develop positive relationships with women and families

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families in pregnancy

1.2 Provide information and support on maintaining good health and wellbeing prior to and during pregnancy

1.3 Provide emotional support to women and families as appropriate during pregnancy

1.4 Identify and discuss risk factors for mother and baby and refer to appropriate support agencies

1.5 Identify, support and advocate safe birthing practices and cultural beliefs

1.6 Discuss roles, relationships and responsibilities to support safe birthing, including the role of the Aboriginal and/or Torres Strait Islander Health Worker as an advocate for women and families

1.7 Deliver, implement and monitor care as per standard treatment protocol in accordance with legislative guidelines

1.8 Work with a team to deliver effective health promotion and education for Aboriginal and/or Torres Strait Islander families using appropriate facilitation, problem-solving and instructional practices

2. Provide health information, support and care after birth for women, infants and families

2.1 Provide information and support for self-care and wellbeing during the post-natal period

2.2 Provide advice to mothers on routine care of the newborn

2.3 Implement strategies to establish and support breastfeeding

2.4 Discuss with mother and family the importance of nutrition, physical activity, rest, sleep and support with the care of family in the immediate post-natal period

2.5 Identify minor post-natal problems for mother and newborn and provide advice and referral to appropriate agencies

2.6 Deliver, implement and monitor care in the post-natal period as per standard treatment protocol in accordance with legislative guidelines

2.7 Work with a team to deliver effective health

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promotion and education for Aboriginal and/or Torres Strait Islander families using appropriate facilitation, problem-solving and instructional practices

3. Support maternal, infant and family health and wellbeing

3.1 Deliver, implement and monitor care as per standard treatment protocol in accordance with legislative guidelines

3.2 Organise reminders, transport and other assistance to attend care and/or provide support according to women's needs

3.3 Implement strategies to improve maternal and/or infant health in line with community requirements and organisation

3.4 Identify, engage and support high-risk families

3.5 Provide support and referral to appropriate agencies as required

3.6 Keep statistics on attendance for antenatal care and birthing outcomes and use to evaluate maternal health program

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>