

# Assessment Requirements for HLTAHW025 Provide information and strategies in health care

Release: 1



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# **Modification History**

#### **Performance Evidence**

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role.

There must be evidence that the candidate has:

- determined priorities and potential areas to be addressed in health promotion based on community and individual client needs
- promoted health care including:
  - providing accurate information about the nature, incidence and potential impacts of particular health conditions in relation to Aboriginal and/or Torres Strait Islander communities
  - presenting accurate information about the importance of regular checks, compliance with treatment regimes and medications, and the need to follow-up and monitor health problems
  - communicating health information in plain language, using visual aids where appropriate
  - discussing risk factors relating to specific health problems
  - providing practical advice relating to maintaining good health
- provided support to clients, including:
  - providing guidance about health issues
  - using culturally appropriate educational resources for health programs
  - providing information about resources available in community and statewide
  - offering blood pressure checks, checking medication dosages and blood glucose readings
  - supporting clients to take a self-care approach to maintaining health
  - making appropriate referrals for clients
  - identifying clients who require follow-up for health issues and initiating procedures to support their ongoing health care.

All performance evidence must be demonstrated at least once.

# **Knowledge Evidence**

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role.

Approved Page 2 of 5

#### This includes knowledge of:

- organisational policies and procedures and legislation or regulations relating to:
  - client confidentiality
  - referral, including various levels of urgency, and follow-up of clients.
  - mandatory reporting
  - notifiable communicable diseases
  - limits of own ability and authority
  - reporting procedures
  - documentation
- anatomy and physiology and associated microbiology, including the:
  - respiratory system
  - circulatory system
  - integumentary system
  - digestive system
  - genitourinary system
  - endocrine system
  - musculoskeletal system
  - nervous system
- pathophysiology associated with these systems, including:
  - chronic conditions and conditions associated with a specific body system
  - injuries
  - wounds
  - arthritis
  - inflammation
  - impact of alcohol and other drugs
- pharmacology to address pathophysiology, including:
  - medications and forms of administration
  - antibiotics
  - analgesics
  - contraindications
  - complications
  - psychiatric medications
  - oral hypoglycaemics
  - insulin
- features of chronic illness, including:
  - complex causality
  - multiple risk factors
  - long latency periods
  - a prolonged course of illness
  - functional impairment or disability
- specific chronic conditions affecting Aboriginal and/or Torres Strait Islander clients and communities, including:
- cardiovascular disease
- diabetes
- cancer

Approved Page 3 of 5

- · chronic respiratory disease
- chronic kidney disease
- asthma
- arthritis
- oral disease
- specific impacts of chronic conditions on major body organs and systems
- groups at high risk of chronic conditions
- determinants of chronic conditions, including:
  - smoking
  - physical activity
  - nutrition
  - alcohol intake
  - use of illicit drugs
  - obesity, weight and waist circumference
  - unsafe sexual practices
  - genetic factors
- treatment and management of chronic conditions, including:
  - working strategically with clients, family and significant others to promote self-management as far as possible
  - medication
  - surgery
  - regular exercise
  - good nutrition
  - cessation of smoking
  - cessation or moderation of alcohol use
  - cessation of illicit drug use
  - regular screenings for changes in disease presentation and detection of other diseases
- referral services
- National Aboriginal Health Strategy
- communication strategies, including addressing specific audiences and using visual aids and body language to assist in information transaction
- health promotion strategies
- research techniques to gather health information in specific communities, including rural and remote
- organisational policies and procedures.

Approved Page 4 of 5

### **Assessment Conditions**

Skills must be demonstrated working:

- in a health service or centre
- as part of a multidisciplinary primary health care team
- with Aboriginal and/or Torres Strait Islander clients and communities.

In addition, simulations and scenarios must be used where the full range of contexts and situations cannot be provided in the workplace or may occur only rarely. These are situations relating to emergency or unplanned procedures where assessment in these circumstances would be unsafe or is impractical.

Simulated assessment environments must simulate the real-life working environment where these skills and knowledge would be performed, with all the relevant equipment and resources of that working environment.

Assessors must satisfy the NVR/AQTF mandatory competency requirements for assessors.

Assessment must be undertaken by a workplace assessor who has expertise in this unit of competency and who is:

an Aboriginal and/or Torres Strait Islander Health Worker

or:

 accompanied by an Aboriginal and/or Torres Strait Islander person who is a recognised member of the community with experience in primary health care.

## Links

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Approved Page 5 of 5