



Australian Government

HLTAHW017 Assess and support client's social and emotional wellbeing

Release: 1

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Modification History

Release	Comments
Release 1	<p>This version was released in <i>HLT Health Training Package release 1.0</i> and meets the requirements of the New Standards for Training Packages.</p> <p>Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and environment requirements</p>

Application

This unit deals with the required skills and knowledge to assess clients in relation to their social and emotional wellbeing, and provide appropriate support and referral as a member of a multidisciplinary team working with Aboriginal and/or Torres Strait Islander communities.

The unit applies to those Aboriginal and/or Torres Strait Islander Health Workers providing a range of primary health care services to Aboriginal and/or Torres Strait Islander clients and communities.

This unit equips Aboriginal and/or Torres Strait Islander Health Workers to provide support related to social and emotional wellbeing and does not infer that they are qualified counsellors.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

1. Obtain client history and information for social and emotional wellbeing assessment

1.1 Establish a relationship of trust with the client by demonstrating and respecting confidentiality of communications

1.2 Use effective and culturally appropriate and safe

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communication skills to obtain a personal history from the client

1.3 Seek information about relevant critical incidents with due sensitivity and respect for the physical, emotional and cultural safety and security of those affected

1.4 Observe client closely to identify any signs of emotional disturbance

1.5 Seek additional related information through consultation with family and/or significant others as required and with consent of the client

1.6 Consult relevant allied professionals and available documentation in relation to the health of the client

1.7 Record all information obtained according to principles of confidentiality and organisational procedures and policies

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

2. Assess and determine client wellbeing

2.1 Analyse information obtained to recognise signs and symptoms of mental disturbance and significant underlying emotional reactions to loss, grief and trauma

2.2 Recognise issues that may relate to transgenerational trauma and grief for the individual, family and community

2.3 Identify disturbances in behaviour that may suggest a psychiatric disability

2.4 Promptly discuss with experienced staff any indicators of depression or suicide risk, and refer client to appropriate supports as required

2.5 Identify issues requiring mandatory notification and report to supervisor and/or an appropriate authority

2.6 Identify client's self-management capacity and barriers

2.7 Discuss findings with colleagues to determine appropriate course of action to support client's wellbeing with reference to any existing health care plan

2.8 Document all findings and determined actions according to policy, procedures confidentiality principles

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

3. Provide support to client

3.1 Invite client and, with their consent, their family to discuss issues of concern in a supportive and confidential context

3.2 Provide client with information to enable decision-making about their social and emotional wellbeing

3.3 Support client to identify key self-management needs and goals and to determine appropriate self-care strategies

3.4 Refer client as required and follow-up on referrals

3.5 Refer serious or potentially serious issues to senior health staff for advice

3.6 Assist and refer family to address own wellbeing and safety, as required

3.7 Maintain current, complete, accurate and relevant records from each client interaction

Foundation Skills

This section describes the language, literacy, numeracy and employment skills that are essential to performance.

Reading

- in order to interpret relevant policy and regulatory information

Other foundation skills essential to performance are explicit in the performance criteria of this unit.

Unit Mapping Information

No equivalent unit.

Links

www.cshisc.com.au - <http://www.cshisc.com.au>