



Australian Government

HLTAHW016 Assess client's physical wellbeing

Release: 2

HLTAHW016 Assess client's physical wellbeing

Modification History

Release	Comments
Release 2	<p>Updated:</p> <ul style="list-style-type: none"> • assessor requirements statement • foundation skills lead in statement • licensing statement • modification history to reflect 2012 standards <p>Equivalent outcome.</p>
Release 1	<p>This version was released in <i>HLT Health Training Package release 1.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and environment requirements</p>

Application

This unit describes the skills and knowledge required to initiate, undertake and interpret findings from a range of clinical assessments, tests and procedures to determine the physical wellbeing of a client. Findings of these assessments will be used as the basis of a health care plan – the skills and knowledge to plan, implement and monitor a health care plan are detailed in HLTAHW018 Plan, implement and monitor health care plan in a primary health care context.

This unit applies to those Aboriginal and/or Torres Strait Islander Health Workers providing a range of primary health care services to Aboriginal and/or Torres Strait Islander clients and communities.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

Elements define the essential outcomes.

PERFORMANCE CRITERIA

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

1. Initiate health assessment

1.1 Seek to establish trust with the client, through active promotion of and strict adherence to confidentiality

1.2 Obtain client's history using effective, culturally appropriate and safe communication skills

1.3 Seek additional health-related information from the client's family and/or carer(s) and relevant community members with the client's consent

1.4 Consult relevant allied professionals and available documentation in relation to the health of the client

1.5 Document all information about the client in accordance with organisational procedures and policies

2. Assess client's physical health

2.1 Explain the process and rationale of each examination and test to the client

2.2 Perform physical and clinical assessments in line with organisational policies and procedures and with respect for community values, beliefs and gender roles

2.3 Measure vital signs and identify significant variation from normal ranges and refer to senior staff member as required

2.4 Use correct procedures and take precautions to collect and send specimens for pathology testing

2.5 Accurately record all outcomes of assessments in accordance with organisational procedures and policies

2.6 Identify non-clinical factors potentially responsible for significant variations from normal ranges and make repeat assessments

3. Interpret and confirm health assessment findings

3.1 Accurately identify a range of signs and symptoms of health conditions

3.2 Recognise signs and symptoms of potentially serious underlying conditions and refer to senior health staff for advice

3.3 Interpret the significance of health assessment

ELEMENT

Elements define the essential outcomes.

PERFORMANCE CRITERIA

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

findings in the context of the holistic health of the client

3.4 Identify any significant variations from normal range on the basis of health assessment data

3.5 Consult other team members to confirm interpretations and clarify implications and significance of findings

3.6 Seek assistance when findings are unclear or outside limits of own authority

3.7 Report notifiable diseases identified to supervisor and/or an appropriate authority, in line with jurisdictional requirements

3.8 Initiate action in relation to any issues requiring mandatory reporting according to procedural and legislative requirements

3.9 Accurately document client history and examination findings in client's file

4. Summarise and present findings

4.1 Provide client with information about findings of physical examination

4.2 Check client understanding of information through appropriate questioning

4.3 Provide client with information relevant to promoting and maintaining their health in a way they readily understand

4.4 Support client to take a self-care approach to health in line with individual needs and organisational and community requirements

4.5 Document and refer as necessary all discussions with client and/or significant others in client file according to organisational procedures and policies

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and

employment skills) that are essential to performance.

- Numeracy
- in order to use and interpret readings of medical equipment including haemoglobinometer, tape measure, sphygmomanometer, scales, thermometers, glucometer, peak expiratory flow rate meters
 - in order to measure vital signs, including temperature, pulse, blood pressure and respiratory rate
- Reading
- to interpret various pieces of written information regarding the client's health, including referrals, test outcomes and reports

Other foundation skills essential to performance are explicit in the performance criteria of the unit.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>