

# HLTAHW007 Undertake basic health assessments

Release: 2

## **HLTAHW007** Undertake basic health assessments

# **Modification History**

Release	Comments
Release 2	Updated:      assessor requirements statement     foundation skills lead in statement     licensing statement     modification history to reflect 2012 standards Equivalent outcome.
Release 1	This version was released in <i>HLT Health Training Package</i> release 1.0 and meets the requirements of the 2012 Standards for Training Packages.  Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and environment requirements.

# **Application**

This unit describes the knowledge and skills required to undertake a range of basic health assessments of Aboriginal and/or Torres Strait Islander clients, including infants, children and adults.

This unit applies to Aboriginal and/or Torres Strait Islander Health Workers working as part, and under the supervision, of a multidisciplinary primary health care team to provide a range of primary health care services to Aboriginal and/or Torres Strait Islander clients and communities.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

#### **Elements and Performance Criteria**

### ELEMENT PERFORMANCE CRITERIA

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

1. Obtain client information

1.1 Establish a relationship of trust with the client by demonstrating and respecting confidentiality

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#### **ELEMENT**

#### PERFORMANCE CRITERIA

Elements define the essential outcomes.

Performance criteria specify the level of performance needed to demonstrate achievement of the element.

- 1.2 Use effective, culturally appropriate and safe communication to gain information from the client and/or significant others about general health, chronic conditions and specific presenting problems including any medications being taken
- 1.3 Access available documentation and written sources of information in relation to client's health
- 1.4 Consult relevant allied health professionals about client's health
- 1.5 Accurately record client information on client file according to organisation procedures and policies
- 2. Perform basic physical examination
- 2.1 Explain the purpose and procedures involved in the examination to the client using culturally appropriate and safe communication skills
- 2.2 Confirm client understanding and gain client consent to the examination
- 2.3 Consider and respect Aboriginal and/or Torres Strait Islander community values, beliefs and gender roles when undertaking examination
- 2.4 Conduct examination according to organisation procedures and policies, standard infection control and workplace health and safety requirements
- 2.5 Accurately record measurements and findings and identify any significant variation from normal ranges according to organisational procedures
- 2.6 Identify non-clinical factors potentially responsible for significant variations identified and repeat assessments as required
- 2.7 Use, maintain and regularly clean medical equipment according to organisational procedures, standard infection control and workplace health and safety requirements
- 3. Summarise and present findings
- 3.1 Accurately document client history and examination findings in the client's file in accordance

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#### **ELEMENT**

#### PERFORMANCE CRITERIA

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with organisational policies and procedures

- 3.2 Present and discuss client history and findings of physical examination with primary health care team according to organisational policies and procedures
- 3.3 Identify common, uncomplicated health conditions based on history, physical examination and available information about presenting problem
- 3.4 Recognise and assess self-management issues for clients with chronic conditions with primary health care team
- 3.5 Promptly inform senior health staff about serious or potentially serious health problems including chronic conditions, according to organisational procedures and policies
- 3.6 Identify and confirm with supervisor issues arising out of examination requiring mandatory notification
- 3.7 Report notifiable diseases identified to supervisor and/or an appropriate authority in line with jurisdictional requirements
- 4. Support client's physical wellbeing
- 4.1 Explain findings of physical examination to client in a culturally appropriate and safe manner according to organisation policies and procedures
- 4.2 Support client to improve and maintain health through a self-care approach and provide brief intervention as required
- 4.3 Discuss with the client and/or significant others any identified barriers and options to self care for clients with chronic conditions
- 4.4 Check for client understanding of information and encourage client to ask questions about health care

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## **Foundation Skills**

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

# **Unit Mapping Information**

No equivalent unit.

## Links

Companion Volume implementation guides are found in VETNet - <a href="https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705">https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705</a>

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