



Australian Government

**Assessment Requirements for
HLTAHW007 Undertake basic health
assessments**

Release: 2

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Modification History

Release	Comments
Release 2	<p>Updated:</p> <ul style="list-style-type: none"> • assessor requirements statement • foundation skills lead in statement • licensing statement • modification history to reflect 2012 standards <p>Equivalent outcome.</p>
Release 1	<p>This version was released in <i>HLT Health Training Package release 1.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and environment requirements.</p>

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role.

There must be evidence that the candidate has:

- worked with at least five Aboriginal and/or Torres Strait Islander clients, including infants, adults and children to:
 - conduct a health assessment of each client by:
 - using a structured approach to assessment
 - taking and recording relevant details of client's history and current state, including body language
 - observing and assessing client's health in line with guidance
 - using correct procedures and protocols to examine common client presentations
 - using medical equipment correctly
 - taking standard precautions for infection control
 - summarising and reporting findings in line with organisation procedures and protocols

- interpret the outcomes of the assessment of each client by:
 - identifying any significant variations from normal range of assessment outcomes for each client
 - identifying and acting upon situations requiring urgent action according to organisation procedures
 - recognising common uncomplicated health conditions from clinical features of each client
- used effective and culturally appropriate and safe communication and interaction with each client and/or significant others, including:
 - eliciting relevant information from client or documents
 - clearly explaining examination procedures and protocols to client
 - making appropriate referrals
- recorded all findings in accordance with organisational procedures and policies with adherence to client confidentiality.

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the identified work role.

This includes knowledge of:

- organisational policies and procedures and legislation or regulations relating to:
 - client confidentiality
 - referral, including various levels of urgency
 - mandatory reporting
 - notifiable communicable diseases
 - limits of own ability and authority
- infection control and workplace health and safety procedures
- knowledge of anatomy and physiology to identify major body systems, relevant organs and their functions, including:
 - cardiovascular system (including heart, arteries and veins)
 - respiratory system (including lungs, nose, mouth, throat)
 - senses (including sight, hearing, smell, touch, taste and equilibrium)
 - skin and integumentary system (including skin layers, hair and nails)
 - digestive and gastrointestinal system (including stomach, intestines, bowel)
 - nervous system (including brain and nerves)
 - circulatory system (including arteries, veins)
 - genitourinary system (including male and female genital and reproductive systems)
 - endocrine system (including glands and hormones)
 - musculoskeletal system (skull, skeleton, muscles, body tissue)

- common conditions and presenting problems associated with major body systems and relevant organs, including chronic conditions
- acute chronic conditions impacting on Aboriginal and/or Torres Strait Islander clients and communities, including:
 - cardiovascular disease
 - diabetes
 - cancer
 - chronic respiratory disease
 - chronic kidney disease
 - asthma
 - arthritis
- features of chronic illness, including:
 - complex causality
 - multiple risk factors
 - long latency periods
 - a prolonged course of illness
 - functional impairment or disability
- determinants of chronic conditions, including:
 - smoking
 - physical inactivity
 - nutrition
 - alcohol intake
 - use of illicit drugs
 - obesity
- purpose, procedures and equipment involved in the following examinations, including:
 - clinical hand wash
 - external physical observations
 - adult and paediatric methods for measuring:
 - temperature
 - pulse and respiration
 - blood pressure
 - blood glucose level
 - haemoglobin
 - weight and height
 - length
 - head and waist circumference
 - visual acuity and ear examination
 - peak expiratory flow rate (peak flow meter)
 - INR (a test for blood clotting)
 - glycohaemoglobin

- spirometry (measuring lung function)
- ECG (to detect cardiac abnormalities)
- ‘normal’ range of outcomes of physical assessments
- non-clinical reasons for significant variation from ‘normal’ range of outcomes
- common over-the-counter and prescribed medicines used within the community and their general purposes
- basic knowledge relating to pregnancy and birthing, including:
 - basic mechanics of pregnancy and birthing
 - impact of smoking and alcohol in pregnancy
 - impact of chronic conditions on pregnancy and birthing.

Assessment Conditions

Skills must be demonstrated working:

- in a health service or centre
- as part of, and under the supervision of, a multidisciplinary primary health care team
- with Aboriginal and/or Torres Strait Islander clients and communities.

In addition, simulations and scenarios must be used where the full range of contexts and situations cannot be provided in the workplace or may occur only rarely. These are situations relating to emergency or unplanned procedures where assessment in these circumstances would be unsafe or is impractical.

Simulated assessment environments must simulate the real-life working environment where these skills and knowledge would be performed, with all the relevant equipment and resources of that working environment.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Assessment must be undertaken by a workplace assessor who has expertise in this unit of competency and who is:

an Aboriginal and/or Torres Strait Islander Health Worker or:

- accompanied by an Aboriginal and/or Torres Strait Islander person who is a recognised member of the community with experience in primary health care.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>