



Australian Government

HLTAHA043 Support the provision of basic nutritional advice and education

Release: 1

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Modification History

Not applicable.

Application

This unit describes the skills and knowledge required to provide assistance to a Dietitian. Work includes supporting the provision of basic nutrition education to individual as delegated by a Dietitian.

This unit applies to Allied Health Assistants and should be performed under the direct, indirect or remote supervision and delegation of an Accredited Practising Dietitian (APD).

The skills in this unit must be applied in accordance with Allied Health Assistant Framework, Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Allied Health

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Receive delegation and gather information.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Obtain written or verbal delegation for an allied health activity from the Dietitian.
- 1.2. Obtain information from relevant sources and delegating Dietitian, according to organisational policy and procedures.
- 1.3. Discuss and confirm with delegating Dietitian educational needs, process, timing, monitoring feedback and work health

and safety (WHS) requirements.

2. Organise resources for dietary education.
 - 2.1. Confirm details regarding the person's indicators that may need to be considered with the delegating Dietitian.
 - 2.2. Prepare educational materials and products as delegated by the Dietitian.
 - 2.3. Develop or modify resources as delegated by the Dietitian.
 - 2.4. Confirm materials and products are suitable for the person's setting with the delegated Dietitian.
 - 2.5. Determine the person's availability.
3. Assist with the provision of written dietary and nutrition information or education to the person.
 - 3.1. Confirm the purpose of the information or education, based on the individualised plan with the person.
 - 3.2. Support the person to make meal choices that are consistent with the individualised plan as delegated by the Dietitian.
 - 3.3. Provide practical dietary education to support meal and food choices consistent with individualised plan.
 - 3.4. Use nutrition and dietetic resources and equipment.
 - 3.5. Seek feedback on the person's understanding.
4. Monitor the person's response to the interventions outlined in the individualised plan.
 - 4.1. Monitor the person according to individualised plan.
 - 4.2. Identify the person's deviations from the individualised plan and report to delegating Dietitian.
 - 4.3. Identify and report indicators requiring dietary intervention to the delegating Dietitian in line with organisational procedures.
 - 4.4. Seek the person's feedback on satisfaction with the dietetic service.
5. Comply with supervisory requirements.
 - 5.1. Provide assistance as delegated by the Dietitian.
 - 5.2. Provide feedback to the delegating Dietitian regarding the person's progress.
 - 5.3. Seek assistance when the person presents with needs or signs outside limits of scope of role.
 - 5.4. Report the person's difficulties and concerns to the delegating Dietitian.
 - 5.5. Implement variations to the education program and material as delegated by the Dietitian.
6. Clean and store materials and equipment.
 - 6.1. Clean equipment according to manufacturer requirements.
 - 6.2. Store educational materials and equipment according to manufacturer requirements and organisational procedures.
 - 6.3. Report equipment faults in accordance with organisational procedures.
 - 6.4. Report shortages of educational material in accordance with organisational procedures.

- 7. Document information.
 - 7.1. Document and report person's information in line with organisational procedures.
 - 7.2. Document the person's response to information or education in line with organisational procedures.
 - 7.3. Maintain the person's records, according to organisational procedures.

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

Supersedes and is not equivalent to HLTAHA023 Support the provision of basic nutrition advice and education.

Links

Companion Volume implementation guides are found in VETNet -
<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>