



Australian Government

HLTAHA033 Conduct group sessions for individual outcomes

Release: 1

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Modification History

Not applicable.

Application

This unit describes the skills and knowledge required to provide assistance to an Allied Health Professional. Work includes planning, preparing and implementing group activities to meet individual outcomes.

This unit applies to Allied Health Assistants and should be performed under the direct, indirect or remote supervision and delegation of an Allied Health Professional (AHP).

The skills in this unit must be applied in accordance with Allied Health Assistant Framework, Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

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Competency Field

Allied Health

Unit Sector

Health

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Receive delegation and gather information.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Obtain written or verbal delegation for an allied health activity from the Allied Health Professional.
- 1.2. Obtain information from relevant sources and delegating Allied Health Professional, according to organisational policy and procedures.
- 1.3. Discuss and confirm with delegating Allied Health Professional treatment plans and programs.

2. Plan for group sessions.
 - 2.1. Identify requirements outside scope of role and responsibilities as defined by the organisation and discuss with delegating Allied Health Professional.
 - 2.2. Identify and confirm impact of the program's contribution to the person's overall plan of care.
 - 2.3. Confirm person's availability and ability to participate in the program in accordance with organisational procedures.
3. Assist with the development of group sessions.
 - 3.1. Assist group activities that are consistent with individuals needs and physical abilities and limitations.
 - 3.2. Assist group activities that are consistent with the interests, preferences and religious beliefs of the individual.
 - 3.3. Assist group activities with consideration of the persons' pace and timing requirements.
 - 3.4. Assist group activities according to the size and composition of the group and availability of equipment and resources.
 - 3.5. Assist group session to maximize the involvement of all group members.
 - 3.6. Establish a balance between tasks to be accomplished and the group process.
 - 3.7. Identify possible risk to successful group activities and adjust plan to minimise risk.
 - 3.8. Confirm group session plan with delegating Allied Health Professional.
 - 3.9. Gather and prepare materials and equipment required for the group session in relation to work health and safety (WHS) and delegating Allied Health Professional instructions.
4. Conduct group activity.
 - 4.1. Arrange the environment and discuss the group activity to encourage full participation by all group members.
 - 4.2. Seek agreement on the purpose, process and intended outcomes of the group activity with the group.
 - 4.3. Work with the group to establish ground rules and provide each group member with the necessary information, materials and support to participate in the group activity.
 - 4.4. Communicate with all the persons in the group in a manner that promotes co-operation, dignity and self-esteem.
 - 4.5. Identify and manage potential conflict within the group to ensure ongoing involvement of individuals in group activities.
 - 4.6. Monitor group progress and provide constructive feedback.
 - 4.7. Follow process and directions to evaluate outcomes of the group session.

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| 5. Comply with supervisory requirements. | 5.1. Seek assistance when the person presents with needs or signs outside scope of role.
5.2. Report the person's difficulties to the delegating Allied Health Professional before continuing the program.
5.3. Participate in supervision processes with the delegating Allied Health Professional in accordance with organisational procedures. |
| 6. Clean and store equipment and materials. | 6.1. Clean equipment and materials in accordance with manufacturer requirements.
6.2. Store equipment and materials in accordance with manufacturer requirements and organisational procedures.
6.3. Report equipment faults as to organisational procedures. |
| 7. Document information. | 7.1. Document information relating to the person's program in line with organisational procedures.
7.2. Provide regular feedback to the supervising Allied Health Professional for each person.
7.3. Document symptomatic expression of identified problems related to group activities to the delegating Allied Health Professional. |

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

Supersedes and is not equivalent to HLTAHA011 Conduct group sessions for individual client outcomes.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>