



Australian Government

Assessment Requirements for HLTAHA031 Assist in rehabilitation programs

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- assist in the rehabilitation of three different people, one in a simulation and two in the workplace, as delegated by the Allied Health Professional in line with established rehabilitation principles and practices
- perform the activities outlined in the performance criteria of this unit during a period of at least 120 hours of allied health assistance work. At least 60% of this work must be carried out in an allied health workplace. The remaining 40% may be carried out in a simulated environment, if an allied health workplace is unavailable.

Knowledge Evidence

Demonstrate the knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- procedures for escalation of risks
- allied health core competencies:
 - person-centred care
 - individual therapy
 - group therapy
 - communication of information
 - equipment and environment
- the principles and practices of rehabilitation
- the impact of illness on the person's functional performance
- where to access resources, aids and information for rehabilitation programs
- manufacturer instructions
- strategies to support, motivate and encourage a person in a rehabilitation program
- concepts and procedures for stepping down treatment or intervention when a person becomes distressed, in pain or wishes to stop
- organisational procedures and procedures in relation to:
 - confidentiality:
 - privacy
 - disclosure
 - duty of care

- documentation:
 - reporting
 - recording data
 - written communication to Allied Health Professional
- professional behaviour and presentation
- infection control practices
- work health and safety (WHS)
- manual handling
- supervision and delegation
- evaluation processes
- codes of practice for work in occupational therapy or other relevant allied health areas
- scope of practice of the Allied Health Assistant and Allied Health Professional
- principles of empowering the older person
- principles of empowering people living with disability or serious mental illness
- changes related to ageing
- concepts of holistic health and wellbeing
- social determinants of health
- concepts of the medical model, the biopsychosocial models and the human rights-based approach of allied health interventions
- principles of choice and control
- concept of reablement
- allied health settings:
 - hospital
 - community health
 - mental health
 - disability sector
 - aged care sectors.

Assessment Conditions

Skills may be demonstrated in the workplace, or in a simulated environment, as per the conditions outlined in the performance evidence.

Assessment must ensure:

- access to suitable facilities, equipment and resources that reflect real working conditions and model industry operating conditions and contingencies
- access to manufacturer instructions
- access to individualised plans and any relevant equipment outlined in the plan
- access to organisational procedures and procedures
- opportunities for engagement with real people accessing allied health services.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- be a Certificate IV qualified Allied Health Assistant with a minimum of three years of professional experience in allied health services; or
- a registered Allied Health Professional.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ced1390f-48d9-4ab0-bd50-b015e5485705>