

CUAMPF301A Employ music and singing in performance

Release: 1



CUAMPF301A Employ music and singing in performance

Modification History

Version	Comments
CUAMPF301A	This version first released with CUA11 Live Performance Training Package version 1.0

Unit Descriptor

This unit describes the performance outcomes, skills and knowledge required to incorporate music into performances and to apply safe voice practices when preparing for and performing vocals.

Application of the Unit

Singers and performers apply the skills and knowledge outlined in this unit to develop their appreciation of rhythm and vocal expression of songs and the playing of percussion instruments. The various styles and genres of music may include traditional, cultural, jazz, rock or contemporary. Performances could be in commercial, community or open space settings and performers may be performing solo or as members of an ensemble. At this level, work is normally supervised, though some autonomy and judgement can be expected in live performance situations.

Licensing/Regulatory Information

No licensing, legislative, regulatory or certification requirements apply to this unit at the time of endorsement.

Pre-Requisites

Not applicable.

Employability Skills Information

Not applicable.

Approved Page 2 of 14

Elements and Performance Criteria Pre-Content

Element	Performance Criteria
Elements describe the essential outcomes of a unit of competency.	Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the required skills and knowledge section and the range statement. Assessment of performance is to be consistent with the evidence guide.

Approved Page 3 of 14

Elements and Performance Criteria

1. Apply safe voice 1.1. Apply a knowledge of basic anatomy and physiology to breath control, voice production and practices articulation of speech 1.2. Apply correct *physical posture and stance* to enhance efficient breathing and voice production Discuss with *relevant personnel* activities and factors that may inhibit or damage voice, voice projection and singing 1.4. Perform relaxation and warm-up routines suitable for the voice in performance 1.5. Follow procedures to *minimise environmental impact* on the environment 1.6. Follow **OHS** procedures **Practise** 2.1. Apply *vocal techniques* to show freeing and technical control and breathing exercises and flexibility and control of vocal range articulation 2.2. Explore personal potential by practising intricate arrays of singing sound through technical speech and voice exercises 2.3. Reinforce strength of voice and throat by undertaking ongoing exercises to maintain and develop posture, breathing control and vocal range 2.4. Enhance vocal technique, harmony, accuracy and strength through regular practice 3. 3.1. Perform notes. Determine the characteristics of a style or piece of chords and tetrachords music in terms of the way that *musical elements* are of a major scale and its combined and manipulated or interpreted through voice modes and body movements 3.2. Develop a repertoire of basic music knowledge and appreciation to identify particular styles of composition and sounds 3.3. Read and interpret a set of notes in treble and bass clef and notes performed through singing Identify a course of principal chords, intervals and

Approved Page 4 of 14

piece of music and reproduce through sound

diatonic intervals

tetrachords of a major scale from a keyboard and from a

major scale using a range of pitch, time, rhythm and

Sing alone, or with others, sequences of notes of a

4. Play rhythmic music on percussion instruments

- 4.1. Apply understanding of the relationships between the physical body, voice, posture and playing musical instruments when producing sound and singing
- 4.2. Identify the physical characteristics and parts of *conventional and non-conventional percussion instruments* and how they produce sound
- 4.3. Determine the way in which musical elements and sounds produced by percussion instruments form a distinctive character of a piece of music or performance
- 4.4. Maintain and care for instruments and store according to manufacturer requirements
- 4.5. Prepare the *physical environment*, instruments and voice in preparation for practice and performance
- 4.6. Implement a plan to develop technical skills and proficiency in producing the required patterns, elements and techniques of singing and playing percussion instruments

5. Sing in ensemble and solo

- 5.1. Play and sing a range of rhythms and styles of music on different forms of percussion instruments, solo and ensemble
- 5.2. Perform an ensemble of simple songs, a cappella and accompanied by music, musicians or instruments
- 5.3. Apply *dramatic or emotive nuances* to the performance of accompanied and unaccompanied songs
- 5.4. Apply understanding of the *principles of non-verbal communication* to changes of tone, timbre of voice and projection of vocal sound
- 5.5. Discuss performance with relevant personnel and use *feedback* to identify and develop ways to improve own performance outcomes

Approved Page 5 of 14

Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

Required skills

- communication skills to:
 - discuss aspects of music and singing for performance with relevant personnel
 - respond appropriately to feedback on own skill development and performance
- initiative and enterprise skills to:
 - use imagery, visualisation or physical posture techniques to enhance the outcomes of the exercise program
 - interpret sound and musical expression from pieces of music
 - apply appropriate emotion and non-verbal communication in dramatic nuance to music and within the context of the music
- listening skills to:
 - monitor and adjust intonation as required
 - use appropriate sound and tone production for instrument or voice
 - reproduce basic musical patterns
- literacy skills to:
 - read and analyse various musical notations and texts or scripts for performance
 - record performance observations and self-evaluations as required
- learning skills to:
 - improve skills through practice
 - demonstrate appropriate improvisational and impromptu responses during performances
- self-management skills to:
 - arrive punctually at classes, rehearsals and performances
 - dress appropriately
 - follow procedures to minimise environmental impact of performance activities
 - develop a realistic and effective vocal exercise program
 - apply safe vocal practices
 - plan own practice time
- technical and problem-solving skills to:
 - use basic percussion instrumental techniques
 - discriminate basic elements of pitch and rhythm
 - use chords and scales, forms, textures or other elements of musical organisation
 - teamwork skills to work collaboratively with others involved in classes and performances.

Required knowledge

- overview knowledge of:
 - OHS standards as they apply to music and singing in performance in a range of environments
 - relationship between body movement, music and voice

Approved Page 6 of 14

- various non-verbal communication or body language concepts
- history, characteristics and parts of a range of percussion instruments
- role of make-up and hairstyling in performance
- theatre conventions
- issues and challenges that arise in the context of preparing for performances
- well-developed knowledge of:
 - principles of basic physiology and anatomy, including:
 - skeletal and muscular systems
 - cardiovascular and cardiorespiratory systems
 - circulatory systems
 - aural and visual systems
 - voice registration, resonance, diction and articulation training techniques
 - gender issues in voice and speech, such as:
 - body shape
 - size
 - muscular construction
 - sound production in selected instruments or voice
 - importance of healthy food choices in relation to wellbeing and injury prevention, including five food groups and recommended daily amounts
 - musical notation
 - musical rhythms, including:
 - time signatures
 - beat
 - tempo
 - · syncopation.

Approved Page 7 of 14

Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Overview of assessment	
Critical aspects for assessment and evidence required to demonstrate competency in this unit	 Evidence of the ability to: use music terminology correctly interpret basic notation and apply information to singing and playing percussion instruments demonstrate the accurate reproduction of musical elements and play simple rhythms on percussion instruments, solo and in ensemble sing in unison and in harmony in ensemble sing solo sing accompanied and a cappella.
Context of and specific resources for assessment	Assessment must ensure access to: relevant instruments and equipment performance opportunities appropriate venue with adequate space and acoustic qualities.
Method of assessment	 A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit: direct questioning combined with review of portfolios of evidence third-party workplace reports of on-the-job performance evaluation of live or recorded performances verbal or written questioning to test knowledge as listed in the required skills and knowledge section of this unit case studies and scenarios as a basis for discussion of issues and challenges that arise in the context of employing music and singing in performance evaluation of candidate's contribution to group discussion journal work, including recording and evaluating the exercise methodology, and evaluating the performance direct observation of candidate in rehearsals and performances.

Approved Page 8 of 14

	<u></u>
	Assessment methods should closely reflect workplace demands (e.g. literacy) and the needs of particular groups (e.g. people with disabilities and people who may have literacy or numeracy difficulties, such as speakers of languages other than English, remote communities and those with interrupted schooling).
Guidance information for assessment	Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended, for example:
	 CUAMPF302A Develop vocal techniques for use in performance CUAPRF304A Develop audition techniques CUAPRF306A Develop musical theatre techniques.

Approved Page 9 of 14

Range Statement

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

Anatomy and physiology	• articulators
may include:	flexible front of the tongue
	• larynx
	• lips
	• lungs
	middle or back of the tongue
	• root of the tongue
	thoracic muscles
	trachea and muscles
	• windpipe
	vocal folds within the larynx.
Physical posture and	chest comfortably raised
stance may relate to:	feet slightly apart
	flat abdomen
	head facing straight ahead
	hips rotated forward
	• knees bent
	shoulders down and back
	spine aligned.
Relevant personnel may	• client
include:	musical director
	• producer
	• performer
	• mentor
	• teacher
	• coach
	• tutor
	• conductor
	• agent
	medical personnel
	psychologist.
Factors may include:	• breathiness
	differences in individual size, such as:
	• body

Approved Page 10 of 14

vocal cords genetic disorders lesions and growths speech impediments unhealthy behaviours, such as substance abuse. Factors that may inhibit may relate to: breath support mechanism mental concepts of depth in the body and vocal mechanism size of the inside of the mouth and the position of the palate and larynx. deep breathing exercises, especially for abdominal breathing exercises to loosen mouth, such as: tongue lips soft palate exercises to loosen face muscles, such as: cheek eye jaw gentle open vowel singing maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. Minimising may relate to: being aware of air quality and noise maintaining sustainable environmental impact may relate to: light emitting diod (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. bright emitting diod cutside facilities		£4
e genetic disorders lesions and growths speech impediments unhealthy behaviours, such as substance abuse. breath support mechanism mental concepts of depth that are related to tone quality physical sensations of depth in the body and vocal mechanism size of the inside of the mouth and the position of the palate and larynx. deep breathing exercises, especially for abdominal breathing exercises to loosen mouth, such as: tongue lips soft palate exercises to loosen face muscles, such as: cheek eye jaw gentle open vowel singing maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. being aware of air quality and noise maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage.		• features
lesions and growths speech impediments unhealthy behaviours, such as substance abuse.		
• speech impediments • unhealthy behaviours, such as substance abuse. • breath support mechanism • mental concepts of depth that are related to tone quality • physical sensations of depth in the body and vocal mechanism • size of the inside of the mouth and the position of the palate and larynx. • deep breathing exercises, especially for abdominal breathing • exercises to loosen mouth, such as: • tongue • lips • soft palate • exercises to loosen face muscles, such as: • cheek • eye • jaw • gentle open vowel singing • maintaining good throat hydration with gentle gargling • tongue twisters • whole body relaxation exercises, such as: • tai chi • yoga • vocalising exercises beginning in mid-range, before extending to upper and lower registers. • being aware of air quality and noise • maintaining sustainable environment, including using measures to reduce energy consumption, such as: • light emitting diode (LED) lights or fluorescent light bulbs • turning lights off when not in use • recycling materials • reducing water usage. • air control, inside and outside facilities		
- unhealthy behaviours, such as substance abuse. breath support mechanism - mental concepts of depth that are related to tone quality - physical sensations of depth in the body and vocal mechanism - size of the inside of the mouth and the position of the palate and larynx. deep breathing exercises, especially for abdominal breathing - exercises to loosen mouth, such as: - tongue - lips - soft palate - exercises to loosen face muscles, such as: - cheek - eye - jaw - gentle open vowel singing - maintaining good throat hydration with gentle gargling - tongue twisters - whole body relaxation exercises, such as: - tai chi - yoga - vocalising exercises beginning in mid-range, before extending to upper and lower registers. Minimising - mintaining biodiversity and protecting habitat from damage - maintaining sustainable environment, including using measures to reduce energy consumption, such as: - light emitting diode (LED) lights or fluorescent light bulbs - turning lights off when not in use - recycling materials - reducing water usage air control, inside and outside facilities		
breath support mechanism mental concepts of depth that are related to tone quality physical sensations of depth in the body and vocal mechanism size of the inside of the mouth and the position of the palate and larynx. deep breathing exercises, especially for abdominal breathing exercises to loosen mouth, such as:		
may relate to: mental concepts of depth that are related to tone quality physical sensations of depth in the body and vocal mechanism size of the inside of the mouth and the position of the palate and larynx. deep breathing exercises, especially for abdominal breathing exercises to loosen mouth, such as: tongue lips soft palate exercises to loosen face muscles, such as: cheek eye jaw gentle open vowel singing maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. Minimising minimising maintaining sould in quality and noise maintaining sustainable environmental impact may relate to: being aware of air quality and noise maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage.		unhealthy behaviours, such as substance abuse.
physical sensations of depth in the body and vocal mechanism size of the inside of the mouth and the position of the palate and larynx. deep breathing exercises, especially for abdominal breathing exercises to loosen mouth, such as: tongue lips soft palate exercises to loosen face muscles, such as: cheek eye jaw gentle open vowel singing maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. Minimising mivironmental impact may relate to: being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage.	Factors that may inhibit	breath support mechanism
size of the inside of the mouth and the position of the palate and larynx. deep breathing exercises, especially for abdominal breathing exercises to loosen mouth, such as:	may relate to:	
warm-up routines may nelude: deep breathing exercises, especially for abdominal breathing exercises to loosen mouth, such as: tongue lips soft palate exercises to loosen face muscles, such as: cheek eye jaw gentle open vowel singing maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. whinimising environmental impact may relate to: minimising suare of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage.		
exercises to loosen mouth, such as: tongue lips soft palate exercises to loosen face muscles, such as: cheek eye jaw gentle open vowel singing maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. ohts practices may		
exercises to loosen mouth, such as: tongue lips soft palate exercises to loosen face muscles, such as: cheek eye jaw gentle open vowel singing maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. ohts practices may	Warm-up routines may	deep breathing exercises, especially for abdominal breathing
lips soft palate exercises to loosen face muscles, such as: cheek eye jaw gentle open vowel singing maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. Minimising maintaining biodiversity and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. OHS practices may - lips - control, inside and outside facilities	include:	exercises to loosen mouth, such as:
soft palate exercises to loosen face muscles, such as: cheek eye jaw gentle open vowel singing maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. Minimising environmental impact nay relate to: Minimising environmental impact nay relate to: I being aware of air quality and noise e maintaining sustainable environment, including using measures to reduce energy consumption, such as: e light emitting diode (LED) lights or fluorescent light bulbs e turning lights off when not in use recycling materials e reducing water usage. OHS practices may OHS practices may		• tongue
 exercises to loosen face muscles, such as: cheek eye jaw gentle open vowel singing maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as:		• lips
cheek eye jaw gentle open vowel singing maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. Minimising environmental impact may relate to: being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. ohts practices may air control, inside and outside facilities		soft palate
eye jaw gentle open vowel singing maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. Minimising environmental impact may relate to: being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. OHS practices may		exercises to loosen face muscles, such as:
• jaw • gentle open vowel singing • maintaining good throat hydration with gentle gargling • tongue twisters • whole body relaxation exercises, such as: • tai chi • yoga • vocalising exercises beginning in mid-range, before extending to upper and lower registers. • being aware of air quality and noise • maintaining biodiversity and protecting habitat from damage • maintaining sustainable environment, including using measures to reduce energy consumption, such as: • light emitting diode (LED) lights or fluorescent light bulbs • turning lights off when not in use • recycling materials • reducing water usage. • air control, inside and outside facilities		• cheek
 gentle open vowel singing maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as:		• eye
 maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. air control, inside and outside facilities 		• jaw
 maintaining good throat hydration with gentle gargling tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. air control, inside and outside facilities 		• gentle open vowel singing
 tongue twisters whole body relaxation exercises, such as: tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. Minimising being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. OHS practices may 		
 tai chi yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. air control, inside and outside facilities 		
 yoga vocalising exercises beginning in mid-range, before extending to upper and lower registers. being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. OHS practices may 		
 vocalising exercises beginning in mid-range, before extending to upper and lower registers. being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. OHS practices may 		• tai chi
 vocalising exercises beginning in mid-range, before extending to upper and lower registers. being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. OHS practices may 		• yoga
 being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. OHS practices may being aware of air quality and noise maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs recycling materials reducing water usage. 		• vocalising exercises beginning in mid-range, before extending to
 maintaining biodiversity and protecting habitat from damage maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. OHS practices may 	Minimisina	being aware of air quality and noise
 may relate to: maintaining sustainable environment, including using measures to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. OHS practices may air control, inside and outside facilities 	_	
to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage. OHS practices may to reduce energy consumption, such as: light emitting diode (LED) lights or fluorescent light bulbs turning lights off when not in use recycling materials reducing water usage.	_	
 turning lights off when not in use recycling materials reducing water usage. OHS practices may air control, inside and outside facilities 		to reduce energy consumption, such as:
 recycling materials reducing water usage. OHS practices may air control, inside and outside facilities 		light emitting diode (LED) lights or fluorescent light bulbs
 recycling materials reducing water usage. OHS practices may air control, inside and outside facilities 		 turning lights off when not in use
 reducing water usage. OHS practices may air control, inside and outside facilities 		
OHS practices may • air control, inside and outside facilities		
one practices may	OHS practices may	
IICHIIC.	include:	wearing safe workwear
awareness of own health status before and during activity		
awareness of repetitive movement, fatigue and prevention of		
injuries		

Approved Page 11 of 14

	 commitment to regular exercise to protect the body from injury gender-specific exercises to protect the body from injury
	 identifying hazards and assessing risks
	 lighting, heating and air-conditioning that meet regulations
	 maintaining sufficient hydration
	• identifying and addressing specific health implications, such as:
	• smoking
	 eating disorders
	sufficient and effective warm-up and cool-down techniques
	volume levels for self and others.
Vocal techniques may	application of different vocal timbres
include:	• breathing
	• emphasis
	• intonation
	maintaining vocal range, such as:
	upper register
	middle register
	lower register
	• pace
	• phrasing
	• pitch placement
	• resonance
	• rhythm
	• timing.
T ' ' 1 1	acquiring vocal techniques, such as:
Exercises may include:	• legato
	staccato
	• control of dynamics
	rapid figurations
	learning to comfortably sing wide intervals
	correcting vocal faults
	appropriate physical posture
	audibility, diction clarity, articulation and vocal placement
	developing:
	 vocal strength
	• stamina
	• range
	 projection
	flexibility developing breath control:
	setting up control period (suspension)
	1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2

Approved Page 12 of 14

	 controlled exhalation period (phonation)
	 recovery period
	• imagery or visualisation techniques to enhance performances
	study of acoustic phonetics.
Musical elements may	• simple pitch
refer to:	• melody
	• harmony
	• rhythm
	• dynamics
	timbre and texture
	performance practice
	• notation.
Conventional and	 any object that produces a sound by:
non-conventional	 being hit with an implement
percussion instruments	 being shaken, rubbed or scraped
may include:	 any other action that sets the object into vibration
	• conventional, such as:
	• cymbals
	• drums
	 non-conventional, such as:
	 household items
	• tools, e.g. anvil
	brake drums
	• pipes
	• clay.
DL	audience
Physical environments may include:	• instruments, such as:
may merade.	accessories
	adjust settings
	• tuning
	music scores
	sound equipment
	 venue demographics.
D 4 4	 physical posture and body language
Dramatic or emotive	 gestures and touch
nuances may include:	 facial expression and eye contact
	 environment and objects, such as:
	• clothing
	• props
	hairstyles
	• nanstyres

Approved Page 13 of 14

	symbols or graphics
	• interpretation of emotion
	 voice quality and speaking style
	• vocal sounds, such as:
	• grunts
	• silence
	• space
	• timing.
Non-verbal	body language
communication	• emotional vocal sounds, such as:
principles may include:	• grunts
	• silence
	• space
	time or timing
	eye contact
	facial expression
	gestures and touch
	physical posture
	voice quality and speaking style.
Feedback may refer to:	audience feedback
j	 evaluation from teachers
	360 degree feedback
	mentor relationship
	• listening to own and others' performances
	observations of performances.

Unit Sector(s)

Performing arts - music performance

Custom Content Section

Not applicable.

Approved Page 14 of 14