



**Australian Government**

# **CUADTM603 Teach high level contemporary dance technique**

**Release: 1**

## CUADTM603 Teach high level contemporary dance technique

### Modification History

Release	Comments
Release 1	This version first released with <i>CUA Live Performance and Entertainment Training Package Version 1.0</i> .

### Application

This unit describes the performance outcomes, skills and knowledge required to incorporate safe dance practice into the teaching of high level contemporary dance technique in dance studios, professional companies or venues where flooring is appropriate for the safe teaching of dance.

At this level, dance teachers are working with students who already have well-developed technique and performance skills. Teaching methodologies therefore tend to be more tailored to individual needs. Students could also be involved in determining the structure of training programs, which could be based on a specific syllabus or set of teaching resources which the teacher has developed.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

### Unit Sector

Performing arts – dance teaching and management

## Elements and Performance Criteria

<b>Elements</b> <i>Elements describe the essential outcomes.</i>	<b>Performance Criteria</b> <i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Prepare for dance classes	1.1 Ensure dance elements or movements for classes are safely sequenced 1.2 Identify and minimise risk factors in the teaching of contemporary dance classes 1.3 Check that learners are wearing appropriate practice clothing and footwear 1.4 Demonstrate appropriate warm-up techniques
2. Demonstrate high level contemporary techniques	2.1 Demonstrate to learners correct posture and body alignment appropriate to high level contemporary dance technique and movement 2.2 Demonstrate isolation and coordination of the upper and lower body in highly complex movement sequences 2.3 Demonstrate a range of <i>techniques</i> that integrate balance, flexibility, coordination, stamina and control and articulation of individual body parts 2.4 Emphasise the importance of control, attention to detail and memory when demonstrating highly complex series of steps or enchaînements 2.5 Demonstrate the timing and phrasing relationship between high level contemporary dance movement and the accompanying music 2.6 Follow safe dance practice in teaching activities to minimise risk of injuries 2.7 Demonstrate appropriate warm-down techniques 2.8 Manage class dynamics to ensure that all learners have equal opportunity to participate and provide input 2.9 Resolve problems that arise, knowing when it is appropriate to seek assistance from others
3. Maintain expertise in teaching high level contemporary technique	3.1 Use feedback from relevant personnel about the quality of classes to identify areas of own teaching practice that could be improved 3.2 Use a range of sources to keep up-to-date with current industry issues, trends and codes of practice 3.3 Participate in professional development activities as required



## Foundation Skills

*This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.*

Skill	Performance Criteria	Description
Learning	3.1, 3.3	<ul style="list-style-type: none"> <li>Seeks feedback and accepts guidance from others</li> <li>Accepts opportunities to participate in formal professional development activities</li> </ul>
Reading	3.2	<ul style="list-style-type: none"> <li>Obtains information from written sources</li> </ul>
Oral communication	1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 2.5, 2.7, 2.8, 2.9, 3.1, 3.2	<ul style="list-style-type: none"> <li>Seeks the views and opinions of others</li> <li>Obtains information by listening and questioning</li> <li>Uses clear language and correct industry terminology to contribute information and express requirements</li> </ul>
Navigate the world of work	1.1, 1.2, 1.3, 1.4, 2.6, 3.2, 3.3	<ul style="list-style-type: none"> <li>Identifies and follows procedures and expectations associated with own role</li> <li>Takes responsibility for following accepted industry practices in relation to safe dance practices and injury-prevention strategies</li> <li>Maintains an appropriate standard of personal presentation</li> <li>Takes responsibility for own professional development</li> </ul>
Interact with others	1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 2.5, 2.7, 2.8, 2.9, 3.1	<ul style="list-style-type: none"> <li>Builds rapport with students in order to establish an effective learning environment</li> <li>Pays attention to the behaviour of others, interpreting a broad range of verbal and non-verbal signals</li> <li>Interprets and addresses learner behaviour that puts others at risk</li> <li>Demonstrates sensitivity to diversity, disability, culture, gender and ethnic backgrounds</li> <li>Respects expertise and background of learners</li> </ul>
Get the work done	1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7, 2.8, 2.9, 3.2	<ul style="list-style-type: none"> <li>Adopts a methodical and logical approach to the process of preparing for and conducting dance classes</li> <li>Facilitates the learning of others through</li> </ul>

		<p>competent delivery of dance classes</p> <ul style="list-style-type: none"><li>• Monitors and adjusts teaching to meet group or individual requirements</li><li>• Addresses some unfamiliar problems of increasing complexity within scope of own role, and seeks the expertise of others where appropriate</li><li>• Uses the internet as a source of information</li></ul>
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## Range of Conditions

*This section specifies different work environments and conditions that may affect performance. Essential operating conditions that may be present (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) are included.*

<p><b>Techniques</b> must relate to teaching the highly competent execution of:</p>	<ul style="list-style-type: none"> <li>• changing directions</li> <li>• changing facings</li> <li>• changing sides (left to right)</li> <li>• conveying emotions through dance</li> <li>• correct posture, weight placement and alignment</li> <li>• awareness of personal and general space when travelling and stationary</li> <li>• energy placement techniques:             <ul style="list-style-type: none"> <li>• moving energy from the centre of the body to the outer extremities</li> <li>• shifting weight</li> <li>• moving from a standing position to the floor and vice versa</li> <li>• executing leaps</li> <li>• landing from jumps</li> </ul> </li> <li>• interpreting rhythm to movement</li> <li>• isocentric and polycentric isolations</li> <li>• lifting techniques</li> <li>• responding to different time signatures</li> <li>• strengthening flexibility:             <ul style="list-style-type: none"> <li>• floor work</li> <li>• splits</li> <li>• stretches</li> <li>• développés and contractions</li> <li>• lunges</li> <li>• curves</li> <li>• arches</li> <li>• rotations</li> </ul> </li> <li>• using shape when moving in physically dynamic sequences</li> <li>• using arm lines appropriately</li> <li>• working in a cohesive partnership with a peer, interpreting a dance style.</li> </ul>
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## Unit Mapping Information

<b>Code and Title Current Version</b>	<b>Code and Title Previous Version</b>	<b>Comments</b>	<b>E/N</b>
CUADTM603 Teach high level contemporary dance technique	CUADTM603A Teach high level contemporary dance technique	Updated to meet Standards for Training Packages	E

## Links

Companion volumes are available at: - <http://www.ibsa.org.au>