



**Australian Government**

# **CUADTM521 Teach medium level dance techniques**

**Release: 1**

## CUADTM521 Teach medium level dance techniques

### Modification History

| Release   | Comments                                                                                     |
|-----------|----------------------------------------------------------------------------------------------|
| Release 1 | This version first released with CUA Creative Arts and Culture Training Package Version 5.0. |

### Application

This unit describes the skills and knowledge required to teach medium level techniques in any dance style in dance studios or venues equipped for the safe teaching of dance.

The unit applies to those who are dance teachers and who are able to work without supervision. They are expected to apply initiative and judgement when planning lessons which could be based on a specific syllabus or on teaching resources they may or may not have helped to prepare.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

### Unit Sector

Performing arts – Dance teaching and management

### Elements and Performance Criteria

| ELEMENTS                                         | PERFORMANCE CRITERIA                                                                                                                                                                                                                                                                                                                                                                                                                          |
|--------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>Elements describe the essential outcomes.</i> | <i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>                                                                                                                                                                                                                                                                                                                                        |
| 1. Prepare for dance classes                     | 1.1 Sequence dance elements and movements for classes according to class purpose and dance safety practices<br>1.2 Formulate class plan according to desired outcomes<br>1.3 Identify risk factors in the teaching of classes in chosen dance style and determine preventative strategies<br>1.4 Confirm that learners are wearing required practice clothing and footwear for chosen dance style<br>1.5 Teach appropriate warm-up techniques |
| 2. Deliver learning outcomes                     | 2.1 Teach appropriate alignment as relevant to chosen dance style or movement skill<br>2.2 Teach isolation and coordination of the upper and lower body in                                                                                                                                                                                                                                                                                    |

| ELEMENTS                                                     | PERFORMANCE CRITERIA                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|--------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                              | <p>complex movement sequences</p> <p>2.3 Teach or explain techniques that integrate balance, flexibility, stamina, coordination, weight transfer and control of individual body parts</p> <p>2.4 Teach or explain complex steps and discuss importance of control, attention to detail and memory in their completion</p> <p>2.5 Teach the timing and phrasing relationship between dance movement and accompanying music</p> <p>2.6 Manage and minimise risk of injuries using safe dance practice in teaching activities</p> <p>2.7 Teach required cool-down techniques</p> <p>2.8 Manage class dynamics and learner behaviour</p> |
| 3. Improve teaching practice in medium level dance technique | <p>3.1 Seek and evaluate feedback from required personnel, and identify and revise areas of improvement in quality of own teaching practice</p> <p>3.2 Research, identify and utilise sources outlining current industry issues, trends and codes of practice</p> <p>3.3 Develop plan to refine and adapt to improve own teaching practice and incorporate research findings as required</p> <p>3.4 Participate in professional development activities as required</p>                                                                                                                                                               |

## Foundation Skills

*This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.*

| SKILL                   | DESCRIPTION                                                                                                                                                                                                                                                                |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Oral communication      | <ul style="list-style-type: none"> <li>Obtains information by listening and questioning</li> <li>Contributes information and expresses requirements using clear language and industry terminology</li> </ul>                                                               |
| Reading                 | <ul style="list-style-type: none"> <li>Obtains information from written sources</li> </ul>                                                                                                                                                                                 |
| Planning and organising | <ul style="list-style-type: none"> <li>Adopts a methodical and logical approach to the process of preparing for and conducting dance classes</li> </ul>                                                                                                                    |
| Problem solving         | <ul style="list-style-type: none"> <li>Monitors and adjusts teaching to meet group or individual requirements</li> </ul>                                                                                                                                                   |
| Self-management         | <ul style="list-style-type: none"> <li>Identifies and follows procedures and expectations associated with own role</li> <li>Takes responsibility for following accepted industry practices in relation to safe dance practices and injury-prevention strategies</li> </ul> |

| SKILL      | DESCRIPTION                                                                                                                                                                                                                                                                                                                                                                                            |
|------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|            | <ul style="list-style-type: none"><li>• Takes responsibility for own professional development</li></ul>                                                                                                                                                                                                                                                                                                |
| Teamwork   | <ul style="list-style-type: none"><li>• Provides all learners with opportunities for participation and input during classes</li><li>• Interprets different verbal and non-verbal signals in student behaviour</li><li>• Interprets and addresses learner behaviour that puts others at risk</li><li>• Demonstrates respect for diversity, disability, culture, gender and ethnic backgrounds</li></ul> |
| Technology | <ul style="list-style-type: none"><li>• Uses the internet as a source of information</li></ul>                                                                                                                                                                                                                                                                                                         |

## Unit Mapping Information

Supersedes and is equivalent to CUADTM511 Teach medium level dance technique.

## Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>