



Australian Government

CUADTM504 Teach medium level contemporary dance technique

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with <i>CUA Live Performance and Entertainment Training Package Version 1.0</i> .

Application

This unit describes the performance outcomes, skills and knowledge required to incorporate safe dance practice into the teaching of medium level contemporary dance technique in dance studios or venues where flooring is appropriate for the safe teaching of dance.

At this level, dance teachers work without supervision. They are expected to apply initiative and judgement when planning lessons, which could be based on a specific syllabus or teaching resources they may have helped to prepare. Alternatively, they may be devising and conducting classes which are not based on a particular syllabus.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – dance teaching and management

Elements and Performance Criteria

Elements <i>Elements describe the essential outcomes.</i>	Performance Criteria <i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Prepare for dance classes	1.1 Ensure dance elements or movements for classes are safely sequenced 1.2 Identify and minimise risk factors in the teaching of contemporary dance classes 1.3 Check that learners are wearing appropriate practice clothing and footwear 1.4 Demonstrate appropriate warm-up techniques
2. Demonstrate medium level contemporary dance techniques	2.1 Demonstrate to learners correct posture and body alignment appropriate to medium level contemporary dance technique and movement 2.2 Demonstrate isolation and coordination of the upper and lower body in complex movement sequences 2.3 Demonstrate a range of techniques that integrate balance, flexibility, stamina, coordination, weight transfer and control and articulation of individual body parts 2.4 Emphasise the importance of control, attention to detail and memory when demonstrating complex sequences or enchaînement of dance steps 2.5 Demonstrate correct timing and phrasing between contemporary dance movement and the accompanying music 2.6 Follow safe dance practice in teaching activities to minimise risk of injuries 2.7 Demonstrate appropriate warm-down techniques 2.8 Manage class dynamics and learner behaviour to encourage learning
3. Maintain expertise in teaching medium level contemporary dance technique	3.1 Use feedback from relevant personnel about the quality of classes to identify areas of own teaching practice that could be improved 3.2 Use a range of sources to keep up-to-date with current industry issues, trends and codes of practice 3.3 Participate in professional development activities as required

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	3.1, 3.3	<ul style="list-style-type: none"> Seeks feedback and accepts guidance from others Accepts opportunities to participate in formal professional development activities
Reading	3.2	<ul style="list-style-type: none"> Obtains information from written sources
Oral communication	1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 2.5, 2.7, 2.8, 3.1, 3.2	<ul style="list-style-type: none"> Seeks the views and opinions of others Obtains information by listening and questioning Uses clear language and correct industry terminology to contribute information and express requirements
Navigate the world of work	1.1, 1.2, 1.3, 1.4, 2.6, 3.2, 3.3	<ul style="list-style-type: none"> Identifies and follows procedures and expectations associated with own role Takes responsibility for following accepted industry practices in relation to safe dance practices and injury-prevention strategies Maintains an appropriate standard of personal presentation Takes responsibility for own professional development
Interact with others	1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 2.5, 2.7, 2.8, 3.1	<ul style="list-style-type: none"> Ensures that every learner has an opportunity for participation and input during classes Pays attention to the behaviour of others, interpreting a broad range of verbal and non-verbal signals Interprets and addresses learner behaviour that puts others at risk Demonstrates sensitivity to diversity, disability, culture, gender and ethnic backgrounds Respects expertise and background of learners
Get the work done	1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7, 2.8, 3.2	<ul style="list-style-type: none"> Adopts a methodical and logical approach to the process of preparing for and conducting dance classes Facilitates the learning of others through

		<p>competent delivery of dance classes</p> <ul style="list-style-type: none">• Monitors and adjusts teaching to meet group or individual requirements• Uses the internet as a source of information
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Range of Conditions

This section specifies different work environments and conditions that may affect performance. Essential operating conditions that may be present (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) are included.

<p>Techniques taught at a medium level must relate to:</p>	<ul style="list-style-type: none"> • changing directions • changing facings • changing sides (left to right) • conveying emotions through dance • correct posture, weight placement and alignment • demonstrating an awareness of personal and general space when travelling and stationary • energy placement techniques: <ul style="list-style-type: none"> • moving energy from the centre of the body to the outer extremities • shifting weight • moving from a standing position to the floor and vice versa • executing leaps • landing from jumps • interpreting rhythm to movement • isocentric and polycentric isolations • lifting techniques • responding to different time signatures • strengthening flexibility: <ul style="list-style-type: none"> • floor work • splits • stretches • développés and contractions • lunges • curves • arches • rotations • using shape when moving in physically dynamic sequences • using arm lines appropriately • working in a cohesive partnership with a peer to interpret a dance style.
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Unit Mapping Information

Code and Title Current Version	Code and Title Previous Version	Comments	E/N
CUADTM504 Teach medium level contemporary dance technique	CUADTM504A Teach medium level contemporary dance technique	Updated to meet Standards for Training Packages	E

Links

Companion volumes are available at: - <http://www.ibsa.org.au>