



Australian Government

CUADTM421 Teach basic dance techniques

Release: 2

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Modification History

Release	Comments
Release 2	This version first released with CUA Creative Arts and Culture Training Package version 5.1. Version created to correct unit mapping error.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 5.0.

Application

This unit describes the skills and knowledge required to teach basic techniques in any dance style, in dance studios or venues equipped for the safe teaching of dance.

The unit applies to those who are dance teachers and who specialise in teaching any style of dance. Individuals work from learning programs or a specific syllabus developed by others, and structure class plans around those programs. Alternatively, they may be devising and conducting classes which are not based on a particular syllabus.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance teaching and management

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Prepare for dance classes	1.1 Sequence dance elements and movements for classes according to class purpose and dance safety practices 1.2 Determine learning outcomes for class according to teaching goals 1.3 Create class plan that addresses learning outcomes and applies safe dance practice 1.4 Identify risk factors in the teaching of classes in chosen dance style and determine preventative strategies

ELEMENTS	PERFORMANCE CRITERIA
	1.5 Confirm that learners are wearing required practice clothing and footwear for chosen dance style 1.6 Teach required warm-up techniques
2. Deliver learning outcomes	2.1 Teach posture and body alignment required for chosen dance technique and movement skill 2.2 Teach isolation and coordination of the upper and lower body in simple movement sequences as applicable to dance style 2.3 Teach techniques that integrate balance, flexibility, stamina, coordination, weight transfer and control of individual body parts 2.4 Teach enchaînements or series of steps and discuss importance of control, attention to detail and memory in their completion 2.5 Teach the timing and phrasing relationship between dance movement and accompanying music 2.6 Manage and minimise risk of injuries using safe dance practice in teaching activities 2.7 Teach required warm up and cool-down techniques 2.8 Manage class dynamics and learner behaviour
3. Improve teaching practice in basic dance techniques	3.1 Seek and evaluate feedback from required personnel and identify and revise areas of improvement in the quality of own teaching practice 3.2 Research, identify and use sources outlining current industry issues, trends and codes of practice 3.3 Participate in professional development activities as required

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Oral communication	- Obtains information by listening and questioning - Contributes information and expresses requirements using clear language and industry terminology
Reading	Obtains information from written sources
Planning and organising	Adopts a methodical and logical approach to the process of preparing for and conducting dance classes
Problem solving	Monitors and adjusts teaching to meet group or individual requirements

SKILL	DESCRIPTION
Self-management	• Identifies and follows procedures and expectations associated with own role • Takes responsibility for following accepted industry practices in relation to safe dance practices and injury-prevention strategies • Takes responsibility for own professional development
Teamwork	• Provides all learners with opportunities for participation and input during classes • Interprets different verbal and non-verbal signals in student behaviour • Interprets and addresses learner behaviour that puts others at risk • Demonstrates respect for diversity, disability, culture, gender and ethnic backgrounds
Technology	• Uses the internet as a source of information

Unit Mapping Information

Supersedes and is equivalent to CUADTM411 Teach basic dance technique.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>