



Australian Government

CUADTM407 Teach basic cultural dance technique

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with <i>CUA Live Performance and Entertainment Training Package Version 1.0</i> .

Application

This unit describes the performance outcomes, skills and knowledge required to incorporate safe dance practice into the teaching of basic cultural and creative dance techniques.

Dance teachers who specialise in teaching cultural dance apply the skills and knowledge in this unit. Typically these teachers are working in dance studios or in venues such as community halls, where flooring is appropriate for the safe teaching of dance.

At this level, teachers and instructors may be working from learning programs developed by others, and structuring lesson plans around those programs. Alternatively, they may be devising and conducting classes which are not based on a particular syllabus.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – dance teaching and management

Elements and Performance Criteria

Elements <i>Elements describe the essential outcomes.</i>	Performance Criteria <i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Prepare for dance classes	1.1 Ensure dance elements or movements for classes are safely sequenced 1.2 Identify and minimise risk factors in the teaching of cultural classes 1.3 Check that learners are wearing appropriate practice clothing and footwear 1.4 Demonstrate appropriate warm-up techniques
2. Demonstrate basic cultural dance techniques	2.1 Demonstrate to learners correct posture and body alignment appropriate to cultural dance techniques and movement 2.2 Demonstrate isolation and coordination of the upper and lower body in simple movement sequences 2.3 Demonstrate a range of <i>techniques</i> that integrate balance, flexibility, stamina, coordination, weight transfer and control and articulation of individual body parts 2.4 Emphasise the importance of control, attention to detail and memory when demonstrating simple sequences or enchaînement of dance steps 2.5 Emphasise importance of using presentation, rhythm and style appropriate to particular dynamics of the cultural and creative dance 2.6 Demonstrate the timing and phrasing relationship between cultural and creative dance movement and the accompanying music 2.7 Follow safe dance practice in teaching activities to minimise risk of injuries 2.8 Demonstrate appropriate warm-down techniques 2.9 Manage class dynamics and learner behaviour to encourage learning
3. Maintain expertise in cultural dance techniques	3.1 Use feedback from relevant personnel about the quality of classes to identify areas of own teaching practice that could be improved 3.2 Use a range of sources to keep up-to-date with current industry issues, trends and codes of practice 3.3 Participate in professional development activities as required

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	3.1, 3.3	<ul style="list-style-type: none"> Seeks feedback and accepts guidance from others Accepts opportunities to participate in formal professional development activities
Reading	3.2	<ul style="list-style-type: none"> Obtains information from written sources
Oral communication	1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 2.5, 2.7, 2.9, 3.1, 3.2	<ul style="list-style-type: none"> Seeks the views and opinions of others Obtains information by listening and questioning Uses clear language and correct industry terminology to contribute information and express requirements
Navigate the world of work	1.1, 1.2, 1.3, 1.4, 2.6, 3.2, 3.3	<ul style="list-style-type: none"> Identifies and follows procedures and expectations associated with own role Takes responsibility for following accepted industry practices in relation to safe dance practices and injury-prevention strategies Maintains an appropriate standard of personal presentation Takes responsibility for own professional development
Interact with others	1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 2.5, 2.7, 2.9, 3.1	<ul style="list-style-type: none"> Ensures that every learner has an opportunity for participation and input during classes Pays attention to the behaviour of others, interpreting a broad range of verbal and non-verbal signals Interprets and addresses learner behaviour that puts others at risk Demonstrates sensitivity to diversity, disability, culture, gender and ethnic backgrounds Respects expertise and background of learners
Get the work done	1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7, 2.8, 2.9, 3.2	<ul style="list-style-type: none"> Adopts a methodical and logical approach to the process of preparing for and conducting dance classes Facilitates the learning of others through

		competent delivery of dance classes <ul style="list-style-type: none"> • Monitors and adjusts teaching to meet group or individual requirements • Uses the internet as a source of information
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Range of Conditions

This section specifies different work environments and conditions that may affect performance. Essential operating conditions that may be present (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) are included.

<p>Techniques taught at a basic level must relate to:</p>	<ul style="list-style-type: none"> • steps specific to a cultural dance style • body alignment • exercises and sequences incorporating air work, such as rolls • abdominal strengthening • stretches • locomotor movements: <ul style="list-style-type: none"> • leaping • running • skipping • sliding • walking • non-locomotor movements: <ul style="list-style-type: none"> • bending • stretching • swaying • turning • twisting • maintaining rhythm and tempo • working at differing tempos • focusing eyes and mind while performing • working on centre and off centre.
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Unit Mapping Information

Code and Title Current Version	Code and Title Previous Version	Comments	E/N
CUADTM407 Teach basic cultural dance technique	CUADTM407A Teach basic cultural dance technique	Updated to meet Standards for Training Packages	E

Links

Companion volumes are available at: - <http://www.ibsa.org.au>