



Australian Government

CUADAN614 Extend ballet performance skills to a professional level

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to prepare for and execute a ballet performance at a professional level. This involves showing range, depth, precision and complexity across ballet technique in performance of classical and contemporary repertoire.

The unit applies to those who are moving towards professional careers in contexts where complex ballet technique is required for performing at a professional level, as members of a dance company as a soloist and in ensembles. At this level, they are constantly expanding and perfecting their artistry across complex dance sequences and repertoire and in varying professional-level performances including solo and ensemble work.

While some supervision and guidance are provided, they are expected to display a high level of motivation and responsibility for themselves and others during practice sessions, rehearsals and live performances.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Apply physical conditioning program	1.1 Identify and confirm physical conditioning requirements of professional dance work 1.2 Demonstrate stamina, strength, cardiovascular endurance and flexibility in line with physical conditioning requirements of professional dance work

ELEMENTS	PERFORMANCE CRITERIA
	<p>1.3 Identify and minimise risk factors that inhibit achievement of physical conditioning requirements and seek professional assistance as required</p> <p>1.4 Perform warm-up and cool-down activities in conjunction with physical and dance activities according to safe dance practices</p>
2. Prepare to perform ballet at professional level	<p>2.1 Confirm intention and purpose of ballet performance with required personnel</p> <p>2.2 Confirm ballet pieces to be performed and undertake preparations in line with performance context and purpose</p> <p>2.3 Develop rehearsal schedule and rehearse performances with others as required according to professional dance standards</p> <p>2.4 Practise increasingly difficult ballet techniques and repertoire according to safe dance practices</p> <p>2.5 Demonstrate complex performance attributes and quality of movement in sequences of extended difficulty during rehearsals</p> <p>2.6 Practise executing complex variations and repertoire according to safe dance practices</p> <p>2.7 Build precision and complexity when practising footwork in rehearsals</p> <p>2.8 Apply performance psychology techniques to preparation process</p>
3. Perform at professional level	<p>3.1 Confirm personal presentation is suitable for professional performance context</p> <p>3.2 Maintain focus and demonstrate artistry, rhythm and musicality during performance</p> <p>3.3 Demonstrate cohesion and communication when performing ensemble work as required</p> <p>3.4 Demonstrate musical individuality when performing solo work as required</p> <p>3.5 Convey story, mood and choreographic intent of dance repertoire to audience, using confidence and precision of ballet techniques</p>
4. Review and develop professional performance practice	<p>4.1 Seek feedback in debrief session and discuss ways of improving individual or ensemble technique</p> <p>4.2 Develop parameters for extending scope of performance practice in consultation with required personnel</p> <p>4.3 Identify regimes and artistic strategies that can be used to refine own performance technique</p> <p>4.4 Incorporate ballet terminology and history into discussions, and practice and performance activities</p>

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Learning	<ul style="list-style-type: none"> Identifies opportunities to extend professional development
Oral communication	<ul style="list-style-type: none"> Obtains information by listening and questioning
Initiative and enterprise	<ul style="list-style-type: none"> Works creatively with music and dance
Planning and organising	<ul style="list-style-type: none"> Adopts a methodical, disciplined and positive approach to rehearsal, physical conditioning program and performing at a professional level
Self-management	<ul style="list-style-type: none"> Follows industry accepted safe dance practices Works independently and collectively within broad parameters, with a strong sense of responsibility for goals, decisions and outcomes Recognises and responds to rehearsal and performance protocols Takes responsibility for own professional development
Teamwork	<ul style="list-style-type: none"> Collaborates with other dancers and confirms that group performances flow Builds rapport in order to establish effective work relationships

Unit Mapping Information

Supersedes and is equivalent to CUADAN604 Extend ballet performance skills to a professional level.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>