



**Australian Government**

**Assessment Requirements for CUADAN614  
Extend ballet performance skills to a  
professional level**

**Release: 1**

# Assessment Requirements for CUADAN614 Extend ballet performance skills to a professional level

## Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

## Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- prepare for and perform at least three different ballet dance pieces to a professional level, at least two of which must be ensemble pieces, and at least one of which must be a solo piece.

In the course of the above, the candidate must:

- demonstrate physical control throughout ensemble and solo performances
- proficiently execute ballet sequences demonstrating the following fundamental ballet skills:
  - high level of coordination of limbs, torso and head
  - high level of spatial awareness in group movements
  - alignment and extensions in highly difficult combinations
  - skills and speed in directional changes
  - reproduction of complex movement sequences on both sides of the body
- identify opportunities to develop professional performance practice
- use ballet and stage terminology in discussions about performances
- respond to different time signatures in music
- demonstrate confidence in creating movement sequences.

## Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- principles relating to physical movements and ballet technique, including:
  - extending
  - folding

- relationship with gravity
- rotating
- shifting weight
- spatial awareness
- successional movement
- use of breath
- balance
- principles of safe dance practice and injury prevention, including those relating to:
  - spine articulation
  - foot engagement
  - bases of support, including feet, legs, hands, arms and torso
  - joint range of motion
  - differentiation of legs and pelvis
  - posture and alignment
- health and safety policies and procedures relevant to the dance environment
- strategies to enhance professional practice
- ballet terminology required to demonstrate the performance evidence
- professional dance standards applicable to ballet performance
- performance psychology techniques applicable to ballet at a professional level
- musical elements of time signatures, beat, tempo and syncopation, and their application to ballet dance technique
- history and philosophical nature of ballet.

## Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- fully equipped dance studios with required flooring for performing ballet
- music or accompanists
- opportunities for ballet performances
- interaction with others required to demonstrate performance evidence.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

## Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>