



Australian Government

CUADAN520 Refine street dance techniques

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to add range, depth and increasing complexity to street technique. This involves applying a physical conditioning program, using practice sessions to develop increasingly complex street dance techniques and developing strategies to maintain dance expertise.

The unit applies to those who are dancers consolidating a career where street dancing skills are required. They require complex street technique in commercial and competitive settings. They may be performing as members of an ensemble, or solo work can also be expected. At this level, they are challenging themselves with dance pieces, variations and repertoire of increasing technical and physical complexity. While some supervision and guidance are provided in practice sessions and rehearsals, they are expected to be self-directed and display a high level of motivation and responsibility for themselves and others.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Develop and undertake physical conditioning program	1.1 Set physical conditioning goals aimed at improving own dance technique in consultation with required personnel 1.2 Identify risk factors that may inhibit achievement of goals and seek advice as required 1.3 Perform warm-up and cool-down routines in conjunction with physical and dance activities according to safe dance practices 1.4 Build stamina, strength and flexibility using different techniques

ELEMENTS	PERFORMANCE CRITERIA
	according to physical conditioning goals 1.5 Identify and discuss with required personnel fatigue and personal limitations when undertaking physical conditioning program as required
2. Practise increasingly complex street dance techniques	2.1 Apply increasingly difficult street techniques during class work, according to safe dance practices 2.2 Develop increasingly complex performance attributes 2.3 Perform exercises to build strength and stability in technique using knowledge of anatomical alignment principles 2.4 Practise accuracy in spatial arrangements in cultural dance routines 2.5 Practise performing dance exercises using creativity, versatility, individuality and enthusiasm
3. Review and develop expertise in street dance techniques	3.1 Identify and analyse sources to update knowledge of street dance history and terminology 3.2 Use self-evaluation and feedback from others and develop strategies for improving own street dance technique 3.3 View performances by industry practitioners and identify new ideas and trends that can be applied to own street dance practice

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

SKILL	DESCRIPTION
Learning	- Seeks the views and opinions of others to develop own knowledge and technique - Analyses feedback, reviews personal goals and reflects on learning and performance
Oral communication	- Obtains information by listening and questioning - Discusses dance terminology with others, seeking information and clarifying meaning of terms
Reading	Reviews different texts to update knowledge of dance terminology
Initiative and enterprise	Works creatively with music and dance movements
Planning and organising	Adopts a methodical and disciplined to physical conditioning program and dance classes

SKILL	DESCRIPTION
Self-management	- Follows industry accepted safe dance practices and injury-prevention strategies - Takes responsibility for own professional development
Teamwork	Develops and improves dance techniques by working collaboratively with other dancers

Unit Mapping Information

No equivalent unit. New unit.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>