



Australian Government

CUADAN519 Refine pointe work techniques

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to dance sur les pointes at an advanced level.

The unit applies to those who are expanding their technical skills and artistic capacity through dancing sur les pointes at an advanced level, performing across different dance repertoire as part of a duo, in an ensemble or in solo roles. While some supervision and guidance are provided in practice sessions and rehearsals, dancers are expected to be self-directed and display a high level of motivation and responsibility for themselves and others.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Prepare for pointe work	1.1 Prepare feet and pointe shoes for pointe work 1.2 Warm up the body for pointe using the entire body for support 1.3 Identify and minimise risk factors associated with pointe work 1.4 Analyse components of pointe technique
2. Practise pointe technique	2.1 Practise developing performance attributes and quality of movement in sequences of increasing difficulty sur les pointes 2.2 Execute variations of ballet repertoire sur les pointes across ballet styles and genres following safe dance practices 2.3 Demonstrate technical requirements and spatial arrangements, individual artistic quality, and musical and rhythmic interpretation

ELEMENTS	PERFORMANCE CRITERIA
	<p>en pointe</p> <p>2.4 Apply cool down techniques required for pointe work according to safe dance practices</p> <p>2.5 Seek assistance from required personnel when injuries from pointe work occur</p>
3. Review own progress in developing pointe technique	<p>3.1 Monitor progress through critical analysis of own pointe work performance in class</p> <p>3.2 Identify and develop ways to improve own pointe technique using feedback from others</p> <p>3.3 View performances by industry practitioners and identify new ideas and trends that can be applied for improving own technique</p>

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Learning	<ul style="list-style-type: none"> Analyses feedback, reviews personal goals and reflects on learning and performance
Oral communication	<ul style="list-style-type: none"> Obtains information by listening and questioning
Initiative and enterprise	<ul style="list-style-type: none"> Recognises opportunities to develop and apply new approaches to performing ballet
Planning and organising	<ul style="list-style-type: none"> Adopts a methodical, disciplined and positive approach to dance classes, injury prevention and evaluation of own skill development
Self-management	<ul style="list-style-type: none"> Follows accepted industry practices relating to safe dance practices and injury-prevention strategies
Teamwork	<ul style="list-style-type: none"> Develops and improves pointe work techniques by working collaboratively

Unit Mapping Information

Supersedes and is equivalent to CUADAN509 Refine pointe work techniques.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>