



**Australian Government**

# **Assessment Requirements for CUADAN519 Refine pointe work techniques**

**Release: 1**

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## Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

## Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- demonstrate advanced pointe work in classical ballet sequences and repertoire across at least three ballet genres.

In the course of the above, the candidate must:

- avoid risks and injuries by preparing feet and shoes for pointe work
- refine pointe technique through practice
- respond to feedback on own pointe technique and apply learnings for improvement
- use pointe terminology.

## Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- application of sections of dance work to pointe work, including:
  - adage
  - allegro
  - barre
  - batterie
  - centre practice
  - grand allegro
  - pirouettes
  - warm up and warm down
- principles relating to physical movements and pointe work techniques, including:
  - extending
  - folding

- relationship with gravity
- rotating
- sequential movement
- shifting weight
- spatial awareness
- use of breath
- balance
- principles of safe dance practice and injury prevention, including those relating to:
  - spine articulation
  - foot engagement
  - bases of support, including feet, legs, hands, arms and torso
  - joint range of motion
  - differentiation of legs and pelvis
  - posture and alignment
- health and safety policies and procedures relevant to the dance environment
- health and wellbeing issues relevant to classical ballet artists
- risk factors in ballet for the body, including in relation to pointe work
- relationship between musical rhythms and pointe work
- pointe terminology required to demonstrate the performance evidence
- key periods in the history of ballet and pointe and the principles of classical ballet.

## Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- opportunities for ballet performances
- fully equipped dance studios with appropriate music or accompanists and required flooring.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

## Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>