



**Australian Government**

# **Assessment Requirements for CUADAN518**

## **Develop expertise in allied contemporary dance techniques**

**Release: 1**

## Assessment Requirements for CUADAN518 Develop expertise in allied contemporary dance techniques

### Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

### Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- choreograph and perform at least four sequences of movement, at least one of which must be a duo and at least one of which must be individual, demonstrating techniques in the following:
  - improvisation
  - tumbling and falling
  - basic aerial skills.

In the course of the above, the candidate must:

- apply basic performance psychology techniques to movement sequences
- demonstrate strength, precision and increasing agility in all aspects of footwork during movement sequences
- follow injury-prevention techniques and safe dance practices
- demonstrate timing and weight centring techniques during duo sequences, applying them to lifts and counterbalances
- demonstrate a high level of spatial awareness in allied dance techniques
- communicate style and intention of choreography to audience using allied contemporary dance techniques
- demonstrate a professional work ethic.

### Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- different teaching methods and approaches to developing improvisation skills
- principles relating to physical movements and allied contemporary dance techniques, including:

- extending
- folding
- relationship with gravity
- rotating
- sequential movement
- shifting weight
- spatial awareness
- use of breath
- fundamental technical principles in contemporary dance that relate to duo work
- options and methods for initiating dance improvisation, including:
  - watching
  - initiating
  - responding
- principles relating to safe dance practice and injury prevention:
  - anatomical principles
  - alignment and spine articulation
  - foot engagement
  - bases of support, including feet, legs, hands, arms and torso
  - joint range of motion
  - differentiation of legs and pelvis
- health and safety policies and procedures relevant to the dance environment
- improvisation in relation to contemporary dance repertoire
- techniques for counteracting risk factors associated with mat work and duo techniques
- key aspects of the following performance psychology techniques as they relate to dancers:
  - affirmations
  - maintaining a work-life balance
  - mental rehearsal
  - relaxation techniques
  - visualisations
- strategies to respond to self-evaluation, feedback and good practice to improve dance techniques.

## Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments.

This includes access to:

- fully equipped dance studios with required flooring for performing allied contemporary dance techniques
- music or accompanists required for performing allied contemporary dance sequences

- interaction with others required to demonstrate the performance evidence.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

## Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>