



**Australian Government**

# **CUADAN516 Refine cultural dance techniques**

**Release: 1**

## CUADAN516 Refine cultural dance techniques

### Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

### Application

This unit describes the skills and knowledge required to develop a high level of expertise in cultural dance technique.

The unit applies to those who are dancers consolidating a career where cultural dancing skills are required. Cultural dancing includes styles such as belly dancing, Irish dancing, Highland dancing, Spanish and Indian dancing, as well as character dance sequences in ballets. They would usually be performing as members of an ensemble, though some solo work could be expected. They may perform in character dances in ballets, and performances could be in commercial or competitive settings. At this level, they are constantly refining their technique and expression to produce performances that convey the mood and style of music through complex dance movements. While some supervision and guidance are provided, they are expected to be self-directed and display a high level of motivation and responsibility for themselves and others.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

### Unit Sector

Performing arts – Dance

### Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Develop and undertake physical conditioning program	1.1 Set physical conditioning goals aimed at improving own dance technique in consultation with teachers and mentors 1.2 Identify risk factors that may inhibit achievement of goals and seek advice as required 1.3 Perform warm-up and cool-down activities in conjunction with dance and physical activities according to safe dance practices

ELEMENTS	PERFORMANCE CRITERIA
	1.4 Improve stamina, strength and flexibility using a variety of techniques according to physical conditioning goals 1.5 Discuss fatigue and personal limitations with required personnel when undertaking physical conditioning program
2. Practise complex cultural dance techniques	2.1 Practise increasingly difficult techniques relevant to selected cultural dance style 2.2 Develop increasingly complex performance attributes 2.3 Refine ways to apply alternative forms of physical coordination in exercises and routines according to safe dance practices 2.4 Practise achieving strong harmony of movement in dance sequences with a partner 2.5 Perform exercises to build strength and stability in technique using knowledge of anatomical alignment principles 2.6 Practise improving accuracy in spatial arrangements in cultural dance routines 2.7 Perform cultural dance sequences applying precision, rhythm and musicality
3. Review and develop expertise in cultural dance technique	3.1 Identify and analyse sources to update knowledge of cultural dance history and terminology 3.2 Use self-evaluation and feedback from others and develop strategies for improving own cultural dance technique 3.3 View performances by industry practitioners and identify new ideas and trends that can be applied to own cultural dance practice

## Foundation Skills

*This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.*

SKILL	DESCRIPTION
Learning	<ul style="list-style-type: none"> <li>• Seeks the views and opinions of others to develop own knowledge and technique</li> <li>• Analyses feedback, reviews personal goals and reflects on learning and performance</li> </ul>
Oral communication	<ul style="list-style-type: none"> <li>• Obtains information by listening and questioning</li> <li>• Discusses dance terminology with others, seeking information and clarifying meaning of terms</li> </ul>
Reading	<ul style="list-style-type: none"> <li>• Reviews a range of texts to update knowledge of dance terminology</li> </ul>

<b>SKILL</b>	<b>DESCRIPTION</b>
Initiative and enterprise	<ul style="list-style-type: none"> <li>• Works creatively with music and dance movements</li> </ul>
Planning and organising	<ul style="list-style-type: none"> <li>• Adopts a methodical and disciplined to physical conditioning program and dance classes</li> </ul>
Self-management	<ul style="list-style-type: none"> <li>• Follows industry accepted safe dance practices and injury-prevention strategies</li> <li>• Takes responsibility for own professional development</li> </ul>
Teamwork	<ul style="list-style-type: none"> <li>• Develops and improves dance techniques by working collaboratively with other dancers</li> </ul>

## Unit Mapping Information

Supersedes and is equivalent to CUADAN506 Refine cultural dance technique.

## Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>