



**Australian Government**

# **Assessment Requirements for CUADAN515 Refine contemporary dance techniques**

**Release: 1**

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## Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

## Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- perform at least three contemporary dance pieces, using at least two different contemporary dance styles.

In the course of the above, the candidate must:

- perform complex combinations of contemporary dance technique using:
  - muscular strength and flexibility
  - alignment and extensions in highly difficult combinations
  - high level of coordination of limbs, torso and head
  - high level of spatial awareness in group movements
  - control and release of movement
  - use of breath
  - quality and breadth of movement
  - individual artistic qualities
  - torso contractions and releases
  - floorwork
  - isolation and energy placement techniques
  - combinations of spatial organisations with turns, balances and jumps of increasing difficulty and dynamic continuity
- demonstrate professional work ethic, set clear personal goals and engage in self-assessment processes
- follow injury-prevention techniques and safe dance practices
- communicate mood, style and grace through dance
- respond to different time signatures in music
- use contemporary dance terminology when required.

## Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- genres, styles and philosophical nature of contemporary dance
- contribution of influential choreographers
- roles and hierarchy in auditions, rehearsals and performances for contemporary dance performers
- principles relating to contemporary dance movements and techniques, including:
  - relationship with gravity
  - spatial awareness
  - use of breath
  - movement pathways
  - expanding and contracting
  - shifting weight
- principles relating to safe dance practice and injury prevention:
  - spine articulation
  - foot engagement
  - bases of support, including feet, legs, hands, arms and torso
  - joint range of motion
  - differentiation of legs and pelvis
- health and safety policies and procedures relevant to the dance environment
- application of musical elements of time signatures, beat, tempo and syncopation to contemporary dance technique
- contemporary dance history and lineage
- method for choreographing complex contemporary dance routines, including ways of notating contemporary dance
- strategies to respond to feedback and good practice to improve dance techniques.

## Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- dance studios with required flooring for performing contemporary dance
- music or accompanists required to demonstrate the performance evidence.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

## **Links**

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>