



Australian Government

**Assessment Requirements for CUADAN508
Develop expertise in allied contemporary
dance techniques**

Release: 2

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Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 1.0.

Performance Evidence

Evidence of the ability to:

- develop improvised sequences of movement with an awareness of their relationship to the development of original choreography
- demonstrate developing performance quality in improvised solos and scored group work
- apply basic performance psychology techniques
- execute a range of tumbling skills and basic aerial skills
- work effectively with a partner and others collaboratively and with confidence
- demonstrate a professional work ethic.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- explain how the following principles relate to physical movements and allied contemporary dance techniques:
 - extending
 - folding
 - relationship with gravity
 - rotating
 - sequential movement
 - shifting weight

- spatial awareness
- use of breath
- demonstrate physical and conceptual understanding of the fundamental technical principles in contemporary dance as they relate to duo work
- explain how the following apply in the context of safe dance practice and injury prevention:
 - anatomical principles
 - alignment and articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
 - healthy nutrition and diet
- explain how improvisation contributes to contemporary dance repertoire
- explain how to counteract risk factors associated with mat work and duo techniques
- explain key aspects of the following performance psychology techniques as they relate to dancers:
 - affirmations
 - maintaining a work-life balance
 - mental rehearsal
 - relaxation techniques
 - visualisations.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to:

- fully equipped dance studios with suitable flooring
- appropriate music or accompanists.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>