



Australian Government

Assessment Requirements for CUADAN505 Refine contemporary dance technique

Release: 2

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Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 1.0.

Performance Evidence

Evidence of the ability to:

- perform complex combinations of contemporary dance technique consistently over time using:
 - muscular strength and flexibility
 - control of movement
 - quality and breadth of movement
 - individual artistic qualities
 - torso contractions and releases
 - triplets and layouts
 - complex enchaînements
 - combinations of spatial organisations with turns, balances and jumps of increasing difficulty and dynamic continuity
- demonstrate a high level of concentration and expertise in each section of class work
- establish clear personal goals and engage in self-assessment processes that indicate an informed level of critical analysis of technique
- use contemporary dance terminology correctly.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- describe:
 - genres, styles and philosophical nature of contemporary dance
 - contribution of influential choreographers
 - relationship between acting and contemporary dance
 - roles and hierarchy in auditions, rehearsals and performances
- explain how the following principles relate to physical movements and contemporary dance techniques:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - folding
 - extending
 - rotating
 - shifting weight
- explain how the following apply in the context of safe dance practice and injury prevention:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
 - healthy nutrition and diet
- explain and demonstrate how the musical elements of time signatures, beat, tempo and syncopation apply to contemporary dance technique.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to:

- fully equipped dance studios with suitable flooring
- appropriate music or accompanists.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

