

# CUADAN413 Develop expertise in jazz dance techniques

Release: 1

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### **Modification History**

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

## **Application**

This unit describes the skills and knowledge required to add range and depth to jazz dance technique.

The unit applies to those who are dancers and who wish to refine their technique and expression to produce performances that convey mood and style of music through complex jazz dance movements. It applies to those preparing for performances in commercial and competition settings, where they would usually be performing as members of an ensemble, though some solo work could be expected. While supervision and guidance are provided in practice sessions and rehearsals, they are expected to display a high level of motivation and responsibility for themselves and others when it comes to applying dance technique in a live performance context.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

#### **Unit Sector**

Performing arts – Dance

#### **Elements and Performance Criteria**

ELEMENTS	PERFORMANCE CRITERIA
Elements describe the essential outcomes.	Performance criteria describe the performance needed to demonstrate achievement of the element.
Apply physical conditioning program	1.1 Set physical conditioning goals aimed at improving own jazz technique
	1.2 Identify a variety of techniques for preventing injuries and improving stamina, strength and flexibility in consultation with required personnel and according to physical condition goals
	1.3 Identify risk factors that may inhibit achievement of goals and seek advice as required
	1.4 Wear required clothing and footwear for exercise regime and

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ELEMENTS	PERFORMANCE CRITERIA
	practising jazz dance technique  1.5 Perform warm-up and cool-down activities in conjunction with dance and physical activities according to safe dance practices  1.6 Note and discuss with required personnel fatigue and personal limitations when undertaking physical conditioning program
2. Practise complex jazz dance techniques	2.1 Develop personal practice plan for refining combinations of complex jazz movements and exercises
	2.2 Practise techniques for producing clean and sharp isocentric and polycentric isolations according to safe dance practices
	2.3 Practise performing jazz progressions that respond creatively to choreography
	2.4 Choreograph and perform short jazz pieces according to a theme
	2.5 Perform jazz exercises and routines using creativity, versatility, individuality and originality
	2.6 Confirm that flow and interaction with other dancers are smooth and in line with required timing
3. Review and develop strategies to improve own performance	3.1 Identify sources that can be used to build knowledge of jazz dance history and terminology
	3.2 Use self-evaluation and feedback from others and develop strategies for improving own jazz dance techniques
	3.3 View performances by industry practitioners and identify ideas and trends that can be applied to own jazz practice

## **Foundation Skills**

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Learning	<ul> <li>Seeks the views and opinions of others to develop own knowledge</li> <li>Critically analyses own performance</li> </ul>
Oral communication	Obtains information by listening and questioning
Reading	Obtains information from written sources about jazz dance history and terminology
Initiative and enterprise	Recognises opportunities to develop and apply new approaches to performing jazz
Planning and	Adopts a methodical and disciplined to physical conditioning program and dance classes

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SKILL	DESCRIPTION
organising	
Self-management	Follows industry accepted safe dance practices and injury-prevention strategies
	Takes responsibility for own professional development
	Works creatively with music and dance
Teamwork	Works collaboratively to develop and improve dance techniques

# **Unit Mapping Information**

Supersedes and is equivalent to CUADAN403 Develop expertise in jazz dance technique.

## Links

Companion Volume Implementation Guide is found on VETNet - <a href="https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5">https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5</a>

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