



**Australian Government**

**Assessment Requirements for CUADAN409  
Develop expertise in contemporary dance  
technique**

**Release: 2**

## Assessment Requirements for CUADAN409 Develop expertise in contemporary dance technique

### Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 1.0.

### Performance Evidence

Evidence of the ability to:

- consistently execute well-developed contemporary dance techniques
- execute solo and group dance sequences that demonstrate a creative response to music
- respond to constructive feedback on own skills development
- follow safe dance practices
- use contemporary dance terminology correctly.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

### Knowledge Evidence

To complete the unit requirements the individual must:

- explain the following principles that relate to physical movements and techniques:
  - relationship with gravity
  - spatial awareness
  - successional movement
  - use of breath
  - folding
  - extending
  - rotating
  - shifting weight

- explain how the following apply in the context of safe dance practice and injury prevention:
  - articulation of the spine
  - engagement of the feet
  - bases of support, including feet, legs, hands, arms and torso
  - range of motion of the joints
  - differentiation of the legs and pelvis
  - healthy nutrition and diet
- explain and demonstrate how the musical elements of time signatures, beat, tempo and syncopation apply to contemporary dance technique
- describe the main periods in the history of contemporary dance.

## Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to appropriate dance performance areas or spaces with suitable flooring.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

## Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>