



Australian Government

CUADAN319 Increase depth of street dance techniques

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to consolidate basic street dance technique and achieve a greater depth of expression in dance classes and performances.

The unit applies to those who are dancers and who are pursuing a career in theatre and other contexts where street dancing skills are required. Street dancing includes styles such as hip-hop, break dance, popping, locking, Nu School, krump and house. They could be preparing for performances in commercial, community or open space settings where they would usually be performing as members of an ensemble. At this level work is normally supervised, though some autonomy and judgement can be expected within established parameters.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Develop and undertake physical conditioning program	1.1 Set physical conditioning goals aimed at improving own street dance technique 1.2 Identify techniques for improving stamina, strength and flexibility in consultation with required personnel, according to physical conditioning goals 1.3 Identify risk factors that may inhibit achievement of goals and seek advice as required 1.4 Identify and obtain suitable clothing and footwear exercise regime

ELEMENTS	PERFORMANCE CRITERIA
	<p>and practising street dance technique</p> <p>1.5 Perform warm-up and cool-down activities in conjunction with dance and physical activities according to safe dance practices</p> <p>1.6 Identify and discuss with required personnel own fatigue and personal limitations when undertaking own physical conditioning program as required</p>
2. Build on basic street dance technique	<p>2.1 Develop personal practice plan for executing and building on basic street dance movements</p> <p>2.2 Practise performing street dance movements and steps with increasing expertise according to practice plan and safe dance practices</p> <p>2.3 Create personal style using improvised movements in a learning environment</p> <p>2.4 Choreograph and perform a basic street dance sequence in a learning environment using independent and creative thinking</p> <p>2.5 Incorporate musicality, rhythm and required timing into performances</p> <p>2.6 Coordinate position and movement between self and other dancers as required</p>
3. Review and develop expertise in street dance technique	<p>3.1 Identify sources that can be used to update knowledge of street dance history and terminology</p> <p>3.2 Use feedback from others to identify and develop strategy for improving own street dance and performance skills</p> <p>3.3 View performances by industry practitioners and identify new ideas and trends that can be applied to own street dance practice</p>

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Oral communication	<ul style="list-style-type: none"> Obtains information by listening and questioning
Reading	<ul style="list-style-type: none"> Interprets a simple combination of street dance steps in written form Obtains information from written sources about street dance history and terminology
Initiative and enterprise	<ul style="list-style-type: none"> Generates creative ideas for choreographing basic street dance routines that highlight own personal dance style Recognises opportunities to develop and apply new approaches to

SKILL	DESCRIPTION
	choreographing and performing street dance routines
Planning and organising	<ul style="list-style-type: none">• Adopts a methodical and disciplined approach to dance classes and performances
Self-management	<ul style="list-style-type: none">• Follows industry accepted safe dance practices
Teamwork	<ul style="list-style-type: none">• Discusses dance technique and physical conditioning issues with colleagues and teachers• Builds rapport with fellow dancers

Unit Mapping Information

Supersedes and is equivalent to CUADAN309 Increase depth of street dance technique.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>