



Australian Government

CUADAN216 Perform basic ballet techniques

Release: 1

CUADAN216 Perform basic ballet techniques

Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to perform basic ballet techniques for small audiences. It involves applying knowledge of ballet as an art form when performing short ballet sequences.

The unit applies to those who have a foundational level of ballet technique. They may have experience performing in amateur performances or attending multiple dance classes. At this level basic ballet techniques are applied under the supervision of experienced dancers and dance teachers.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Develop basic ballet techniques	1.1 Undertake warm up routine 1.2 Perform ballet barre and centre practice under guidance of a supervisor 1.3 Practise basic ballet skills including adage, pirouettes and allegro 1.4 Practise performing simple sequences combining discrete ballet movements 1.5 Follow advice and feedback from others during practice session
2. Perform short ballet sequences	2.1 Discuss intention and key aspects of routine to be performed with required personnel, incorporating own understanding of ballet as an art form

ELEMENTS	PERFORMANCE CRITERIA
	2.2 Apply basic make-up and wear required costume for performance 2.3 Perform simple sequence safely combining discrete movements according to safe dance practices 2.4 Use props as required according to ballet sequence requirements 2.5 Follow direction from required personnel 2.6 Observe and follow dictates of music and rhythm 2.7 Synchronise movements with ensemble where required
3. Review performances	3.1 Evaluate own performance and use of basic ballet techniques 3.2 Seek feedback from others on performance and use of basic ballet techniques 3.3 Use own evaluation and feedback from others to develop strategy for improving dance techniques

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Oral communication	<ul style="list-style-type: none"> Obtains information by listening and questioning
Reading	<ul style="list-style-type: none"> Obtains information about dance history and intentions from written sources
Planning and organising	<ul style="list-style-type: none"> Adopts a methodical and disciplined approach to dance class work, rehearsals and performances
Self-management	<ul style="list-style-type: none"> Develops and applies knowledge of terminology and safe dance practices to class work and performances
Teamwork	<ul style="list-style-type: none"> Discusses aspects of exercises, dance techniques and performances with colleagues and teachers Builds rapport with ensemble members where required

Unit Mapping Information

Supersedes and is equivalent to CUADAN206 Perform basic ballet technique.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>