



Australian Government

**Assessment Requirements for CUADAN216
Perform basic ballet techniques**

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- perform at least two different ballet sequences, at least one of which must be an ensemble sequence, and at least one of which must be a solo sequence.

In the course of the above, the candidate must:

- demonstrate the following during performance of basic ballet sequences:
 - neat technique with flow of movement
 - coordinated use of arms and legs
 - musicality, style and presentation
 - spatial awareness
- demonstrate skill in basic ballet movements including:
 - port de bras
 - adage
 - pirouettes
 - petit and grand allegro
- express rhythms through dance movements
- follow safe dance practices
- use required ballet terminology in class.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- techniques for performing basic ballet sequences, including:
 - port de bras
 - adage

- pirouettes
- petit and grand allegro
- simple enchaînement
- key aspects of participating in live performances, including:
 - lighting as it applies to dance productions
 - stage settings, production terminology and stage etiquette
 - relationship between hair, costumes and make-up in a dance performance
 - body and face make-up techniques
 - ways to access costuming
- principles that relate to ballet movements and techniques, including:
 - relationship with gravity
 - spatial awareness
 - use of breath
 - extending
 - rotating
 - shifting weight and balance
- principles of safe dance practice and injury prevention as they apply to ballet techniques, including:
 - spine articulation
 - foot engagement
 - bases of support, including feet, legs, hands, arms and torso
 - joint range of motion
 - differentiation of legs and pelvis
 - posture and alignment
- key historical periods of classical and contemporary ballet
- ballet terminology including French vocabulary and other terminology used to describe ballet movements and exercises
- elements that define ballet as a genre
- strategies to evaluate performance and respond to feedback to improve techniques.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- dance performance areas or spaces
- equipment and props required to demonstrate the performance evidence
- interaction with others required to demonstrate the performance evidence.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>