



Australian Government

CUADAN215 Perform basic contemporary dance techniques

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to perform basic contemporary dance forms and techniques for small audiences. This involves using knowledge of influences in contemporary dance when performing short dance sequences.

The unit applies to those who have a foundational level of contemporary dance technique. They may have experience performing in amateur performances, community events, or attending multiple dance classes. At this level basic contemporary dance techniques are applied under the supervision of experienced dancers and dance teachers.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Prepare for and develop basic contemporary dance techniques	1.1 Set goals and own practice schedule for developing basic contemporary dance techniques according to safe dance practices, and in consultation with required personnel 1.2 Perform warm up routine according to safe dance practices 1.3 Develop a variety of basic contemporary dance techniques under guidance of a supervisor 1.4 Identify natural body response to different contemporary dance styles 1.5 Identify ways of incorporating embodiment techniques into dance routines as a way of expressing intention and creating characters

ELEMENTS	PERFORMANCE CRITERIA
	1.6 Practise performing choreography in unison with other dancers according to safe dance practices 1.7 Follow advice and feedback from others during practice sessions about ways to improve own contemporary dance technique
3. Perform short dance phrases	2.1 Discuss intention and key aspects of dance phrase to be performed with required personnel, incorporating knowledge of influences in contemporary dance 2.2 Apply basic make-up and wear costumes for performance as required 2.3 Perform simple phrases combining large body and subtle movements according to safe dance practices 2.4 Use props as required according to contemporary dance phrase requirements 2.5 Follow direction from required personnel during performance 2.6 Observe and follow dictates of music or sound, and rhythm 2.7 Synchronise movements with ensemble where required
3. Review performances and set goals	3.1 Evaluate own performance and use of basic contemporary dance techniques 3.2 Seek feedback and coaching from others on performance and use of contemporary dance techniques 3.3 Use own evaluation and feedback from others and set goals for improving contemporary dance techniques

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Oral communication	Obtains information by listening and questioning
Planning and organising	Adopts a methodical and disciplined approach to dance class work, rehearsals and performances
Self-management	Develops and applies knowledge of dance styles and safe dance practices to class work and performances
Teamwork	- Discusses aspects of exercises, dance techniques and performances with colleagues and teachers - Builds rapport with ensemble members

Unit Mapping Information

Supersedes and is equivalent to CUADAN205 Perform basic contemporary dance technique.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>