



Australian Government

Assessment Requirements for CUADAN201

Develop basic dance techniques

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with <i>CUA Live Performance and Entertainment Training Package Version 1.0</i> .

Performance Evidence

Evidence of the ability to:

- perform a range of dance movements
- demonstrate a range of basic dance techniques
- perform two dance sequences that demonstrate a mastery of basic dance techniques
- respond to constructive feedback on own performance.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- describe basic health and safety procedures to use in dance classes
- explain the following principles that relate to dance movements and techniques:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - folding
 - extending
 - rotating
 - shifting weight
- explain how the following apply in the context of safe dance practice and injury prevention:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
 - healthy nutrition and diet.

Assessment Conditions

Gather evidence to demonstrate consistent performance in conditions that are safe and replicate the workplace. Noise levels, production flow, interruptions and time variances must be typical of those experienced in a dance learning environment. The assessment environment must include access to appropriate dance performance areas or spaces.

Assessors must satisfy NVR/AQTF assessor requirements.

Links

Companion volumes are available at: - <http://www.ibsa.org.au>