



Australian Government

CUADAN116 Develop foundational cultural dance techniques

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to build a solid foundation in one or more cultural dance styles under the supervision of experienced dancers and dance teachers.

The unit applies to those who have no prior training, or some dance experience, who have an aptitude for dance and an interest in developing technique in one or more cultural dance styles. Cultural dancing includes styles such as belly dancing, Irish dancing, Highland dancing, Spanish and Indian, as well as character dance sequences in ballets

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Review cultural dance styles	1.1 Discuss aspects of cultural dance styles with required personnel 1.2 Identify and discuss cultural conventions and customs that need to be considered when performing selected cultural dance styles with required personnel 1.3 Use dance terminology in discussions with others
2. Practise simple movements	2.1 Perform warm-up exercises under the guidance of a supervisor 2.2 Practise basic steps and movements associated with selected cultural dance style 2.3 Incorporate musicality, timing and rhythm into exercises and movements 2.4 Work within own physical limits according to safe dance practices

ELEMENTS	PERFORMANCE CRITERIA
	2.5 Respond to constructive feedback during practice sessions from required personnel
3. Perform simple cultural dance sequences	3.1 Agree on cultural dance sequences that include different movements suited to own technical ability in consultation with required personnel 3.2 Match personal presentation to selected style of cultural dance 3.3 Communicate mood and style of dance sequence to required personnel using movement 3.4 Demonstrate a sense of timing and rhythm in performance 3.5 Complete cool-down exercises after dance activity
4. Review performances and set goals	4.1 Evaluate own performance and development of foundational cultural dance techniques 4.2 Seek coaching from others and identify areas where own dance technique can be improved 4.3 Set goals for improvement and develop a plan to achieve them

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Oral communication	Obtains information by listening and questioning
Self-management	- Completes performance activities in line with agreed program - Applies a knowledge of safe dance practice and cultural protocols to learning and performance activities - Recognises own abilities and applies them to learning and performance activities
Teamwork	Discusses aspects of exercises and dance techniques with colleagues and teachers

Unit Mapping Information

Supersedes and is equivalent to CUADAN106 Develop foundation cultural dance technique.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>