CUADAN102 Develop foundation ballet dance technique

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Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 1.0.

Application

This unit describes the performance outcomes, skills and knowledge required to build a solid foundation in ballet dance technique under the supervision of experienced dancers and dance teachers.

Persons with some dance experience apply the skills and knowledge outlined in this unit. Usually, experience would have been gained in dance classes, amateur performances or community dance activities, often from an early age. However, this unit also applies to individuals with no prior training, but with an aptitude for dance and an interest in developing classical ballet technique.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – dance

Elements and Performance Criteria

Elements *Elements describe the essential outcomes.*	Performance Criteria *Performance criteria describe the performance needed to demonstrate achievement of the element.*
1. Practise barre work	1.1 Under the guidance of a teacher, perform stretching exercises 1.2 Perform set exercises using upper and lower body movements 1.3 Incorporate a feel for music into exercises 1.4 Use ballet terminology correctly in discussions

2. Practise centre exercises	2.1 Perform set exercises using upper and lower body movements
	2.2 Demonstrate musicality while performing adage and pirouettes at a foundation level
	2.3 Demonstrate spatial awareness, correct breathing and musicality while performing allegro exercises at a foundation level
	2.4 Perform warm-down exercises after dance activity
3. Perform a simple dance sequence	3.1 Under the guidance of a teacher, select a prepared dance sequence to perform in class
	3.2 Identify and use the history and storyline of the selected dance sequence
	3.3 Perform the sequence with expression and demonstrating appropriate technical ability
	3.4 Follow safe dance practices at all times to prevent injury to self and others
	3.5 Begin and end the sequence in an appropriate way
4. Review performance	4.1 Evaluate own performance in context of skill development needs
	4.2 Use feedback from others to identify and develop ways to improve own dance technique
	4.3 Set realistic goals for improvement and develop strategies to achieve them

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	1.1, 3.1, 4.2	• Accepts guidance and feedback from others on ways to improve technique
Oral communication	1.1, 1.4, 3.1, 4.2	• Obtains information by listening and questioning
Navigate the world of work	3.3, 3.4	• Applies a knowledge of safe dance practice and own abilities to learning and performance activities
Interact with others	1.1, 3.1, 4.2	• Discusses aspects of exercises and dance techniques with colleagues and teachers

Get the work done	1.2, 1.3, 2.1, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.5	• Completes practice and performance activities in line with agreed program

Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
CUADAN102 Develop foundation ballet dance technique (Release 2)	CUADAN102 Develop foundation ballet dance technique (Release 1)	Updated assessment conditions section. Updated modification history section to reflect changed name of training package.	Equivalent unit

Links

Companion Volume implementation guides are found in VETNet - https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5