



Australian Government

**Assessment Requirements for CUACIR401
Develop acrobatic techniques for theatrical
performances**

Release: 2

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Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 1.0.

Performance Evidence

Evidence of the ability to:

- perform acrobatic routines with partners and in groups in at least one theatrical performance
- follow acrobatic safety procedures in all training and performance activities
- improve own acrobatic techniques in response to constructive feedback.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- explain the following principles underlying safe acrobatic movements:
 - body alignment
 - energy placement
 - isolation techniques
 - weight distribution
- explain how the following apply in the context of injury-prevention techniques:
 - articulation of the spine
 - bases of support with feet, legs, hands, arms and torso
 - differentiation of the legs and pelvis
 - engagement of the feet
 - range of motion of the joints

- healthy nutrition and diet.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to venues and spaces with suitable flooring and equipment.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>