Australian Government

Assessment Requirements for CUACIR301 Perform basic on-ground acrobatic techniques

Release: 2

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Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 1.0.

Performance Evidence

Evidence of the ability to:

- perform a handstand holding form and shape, held for a beat
- perform a sequence of six to eight forward or backward rolls, and six to eight cartwheels with both static and running start-up
- perform safe and stable landings
- effectively support team members
- follow safe work practices.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- describe key health and safety issues to be considered when performing basic on-ground acrobatic skills
- explain how the following relate to acrobatic movements and techniques:
  - relationship with gravity
  - spatial awareness
  - successional movement
  - use of breath
  - body positioning
  - folding

- extending
- rotating
- shifting weight
- warm-up and warm-down techniques
- mental focus strategies.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to:

- venue with adequate space and a safe level floor or surface
- scatter mats
- spotters (depending on the skill performed).

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

Companion Volume implementation guides are found in VETNet - https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5