



Australian Government

**Assessment Requirements for CUACIR301
Perform basic on-ground acrobatic
techniques**

Release: 1

Assessment Requirements for CUACIR301 Perform basic on-ground acrobatic techniques

Modification History

Release	Comments
Release 1	This version first released with <i>CUA Live Performance and Entertainment Training Package Version 1.0</i> .

Performance Evidence

Evidence of the ability to:

- perform a handstand holding form and shape, held for a beat
- perform a sequence of six to eight forward or backward rolls, and six to eight cartwheels with both static and running start-up
- perform safe and stable landings
- effectively support team members
- follow safe work practices.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- describe key health and safety issues to be considered when performing basic on-ground acrobatic skills
- explain how the following relate to acrobatic movements and techniques:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - body positioning
 - folding
 - extending
 - rotating
 - shifting weight
 - warm-up and warm-down techniques
 - mental focus strategies.

Assessment Conditions

Gather evidence to demonstrate consistent performance in conditions that are safe and replicate the workplace. Noise levels, production flow, interruptions and time variances must be typical of those experienced in a performance environment.

The assessment environment must include access to:

- venue with adequate space and a safe level floor or surface
- scatter mats
- spotters (depending on the skill performed).

Assessors must satisfy NVR/AQTF assessor requirements.

Links

Companion volumes are available at: - <http://www.ibsa.org.au>