

# CSCSS00009 Professional Wellbeing and Resilience Skill Set

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#### **Modification History**

Release 1. This is the first release of this Skill Set in the Correctional Services Training Package release 5.0

#### **Description**

This Skill Set addresses the skills required for individuals to protect and manage their own wellbeing and resilience in the work environment.

#### **Pathways Information**

The CSCSS00009 Professional Wellbeing and Resilience Skill Set is part of the CSC Correctional Services Training Package.

Units from this Skill Set can contribute to credit towards CSC40122 Certificate IV in Correctional Practice.

#### **Licensing/Regulatory Information**

Statutory/legislative requirements may apply to this Skill Set and may vary across states and territories. Users are required to check with the relevant jurisdiction for current requirements.

# **Skill Set Requirements**

A total of **1 unit of competency** must be attained.

HLTWHS006 Manage personal stressors in the work environment

## **Target Group**

This Skill Set is suitable for Correctional Service officers to identify, protect and manage their own wellbeing and resilience in the work environment.

## Suggested words for Statement of Attainment

The CSCSS00009 Professional Wellbeing and Resilience Skill Set is from the CSC Correctional Services Training Package and meets the needs of individuals to protect and manage their own wellbeing and resilience in the work environment.

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# **Custom Content Section**

Not applicable.

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