



**Australian Government**

**Department of Education, Employment and Workplace Relations**

# **CHC50308 Diploma of Community Services (Mental health)**

**Release: 1**

## **CHC50308 Diploma of Community Services (Mental health)**

### **Modification History**

Not Applicable

### **Description**

This qualification applies to workers providing services to clients in relation to mental health issues.

The qualification:

- Includes counselling, referral, advocacy and education/health promotion services
- Requires high level specialist knowledge, skills and competencies especially in regard to laws affecting clients, the range of services available to them and health issues related to mental health.

**Occupational titles** may include:

- Community support worker
- Mental health community worker
- Mental health outreach worker
- Community rehabilitation and support worker
- Mental health rehabilitation support worker
- Mental health support worker

### **Pathways Information**

Not Applicable

### **Licensing/Regulatory Information**

Not Applicable

## Entry Requirements

### Entry requirements

To gain entry into this qualification a candidate must:

1. Be recently appointed or currently working in a community support mental health work role and have a relevant recognised higher education or vocational education qualification at Certificate IV or above

#### OR

2. Be recognised as competent, through a recognised training program or recognition process, against the following qualification (or equivalent):

- Certificate IV in Mental Health

#### OR

3. Have sufficient work experience in the relevant sector to indicate likely success at this level of qualification in a job role involving:

- The application of knowledge with depth in some areas and demonstration of a broad range of technical and other skills
- A wide range of tasks and roles in a variety of contexts, with complexity in the range and choices of actions required
- The exercise of discretionary judgement and decision making under general guidance
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## Employability Skills Summary

Refer to the Topic: Introduction to the Employability Skills Qualification Summaries

## Packaging Rules

### PACKAGING RULES

16 units are required for award of this qualification including:

- 14 core units
- 2 elective units:

A wide range of elective units is available, including:

- Relevant electives listed below
- Units of competency to address workplace requirements and packaged at the level of this qualification or higher in Community Services and/or Health Training Packages
- Where appropriate, to address workplace requirements, units of competency packaged at the level of this qualification or higher in other relevant Training Packages

### Core units

CHCAD504A Provide advocacy and representation services

CHCAOD510A Work effectively with clients with complex alcohol and/or other drugs issues

CHCCOM403A Use targeted communication skills to build relationships

- CHCCS504A Provide services to clients with complex needs
- CHCCW503A Work intensively with clients
- CHCMH401A Work effectively in mental health settings
- CHCMH402A Apply understanding of mental health issues and recovery processes
- CHCMH404A Conduct assessment and planning as part of the recovery process
- CHCMH409A Facilitate consumer, family and carer participation in the recovery process
- CHCMH501A Provide advanced supports to facilitate recovery
- CHCORG428A Reflect on and improve own professional practice
- CHCPOL501A Access evidence and apply in practice
- CHCPROM503A Provide community focused promotion and prevention strategies
- HLTOHS401A Maintain workplace OHS processes

### **The importance of culturally aware and respectful practice**

All workers undertaking mental health and/or alcohol and other drugs work need foundation knowledge to inform their work with Aboriginal and/or Torres Strait Islander clients and co-workers and with clients and co-workers from culturally and linguistically diverse backgrounds. This foundation must be provided and assessed as part of a holistic approach to delivery and assessment of this qualification. Specific guidelines for assessment of this aspect of competency are provided in the Assessment Guidelines for the Community Services Training Package.

Where work involves a specific focus on Aboriginal and/or Torres Strait Islander and/or culturally diverse clients or communities, one or more of the following electives is recommended:

- HLTHIR403C Work effectively with culturally diverse clients and co-workers
- HLTHIR404D Work effectively with Aboriginal and/or Torres Strait Islander people
- PSPMNGT605B Manage diversity

### **Relevant electives**

The following grouping of relevant electives is provided to facilitate selection and does not necessarily reflect workplace requirements. Electives may be selected from one or more groups. Employers may specify that certain electives are required to address specific workplace needs.

### **Additional electives for work with people with mental health issues**

- CHCCM501A Coordinate complex case requirements (Note pre-requisite CHCCM404A)
- CHCMH405A Work collaboratively to support recovery process
- CHCMH502A Provide supports for children at risk of mental health problems
- CHCMH503A Provide forensic mental health services

### **Electives for work with people with alcohol and other drugs issues**

- CHCAOD402B Work effectively in the alcohol and other drugs sector
- CHCAOD511B Provide advanced interventions to meet the needs of clients with alcohol and/or other drug issues
- CHCAOD512A Develop and implement a behaviour response plan (Note pre-requisite CHCICS305A)
- CHCAOD513A Provide relapse prevention strategies

### **Client support electives**

- CHCCM404A Undertake case management for clients with complex needs
- CHCCM705B Work effectively with carers and families in complex situations
- CHCCS305B Assist clients with medication (Note pre-requisite HLTAP301B)
- CHCCS417A Provide support and care relating to suicide bereavement

- CHCCS426A Provide support and care relating to loss and grief
- CHCCSL501A Work within a structured counselling framework
- CHCCSL502A Apply specialist interpersonal and counselling interview skills
- CHCCSL503A Facilitate the counselling relationship
- CHCCSL507A Support clients in decision-making processes
- CHCCSL509A Reflect and improve upon counselling skills (*Note pre-requisites*)
- CHCCSL501A, CHCCSL503A, CHCCSL507A)
- CHCDFV402C Manage own professional development in responding to domestic and family violence
- CHCDFV505C Counsel clients affected by domestic and family violence
- CHCLLN403A Identify clients with language, literacy and numeracy needs and respond effectively
- HLTAP301B Recognise healthy body systems in a health care context
- Team coordination and management electives**
- CHCINF505C Meet statutory and organisation information requirements
- CHCNET503C Develop new networks
- CHCORG525D Recruit and coordinate volunteers
- CHCORG611B Lead and develop others in a community sector workplace
- CHCORG627B Provide mentoring support to colleagues
- Problem gambling electives**
- CHCGMB501A Work effectively in the problem gambling sector
- CHCGMB502A Assess the needs of clients with problem gambling issues
- CHCGMB503A Provide counselling for clients with problem gambling issues
- Social housing / homelessness electives**
- CHCCH301B Work effectively in social housing
- CHCCH410A Manage and maintain tenancy agreements and services
- CHCCH427A Work effectively with people experiencing or at risk of homelessness
- CHCCH428A Work effectively within the Australian housing system
- CHCCH522A Undertake outreach work
- Social diversity and community support work**
- CHCCD420A Work to empower Aboriginal and/or Torres Strait Islander communities
- CHCCS421A Undertake community sector work within own community
- CHCCS506A Promote and respond to workplace diversity

**Oral health**

- CHCOHC401A Inform and encourage clients and groups to understand and achieve good oral health
- CHCOHC402A Support and encourage clients and groups to learn practical aspects of oral health care
- CHCOHC404A Recognise and respond to signs and symptoms that may indicate oral health issues