CHC40608 Certificate IV in Leisure and Health

Release: 2
CHC40608 Certificate IV in Leisure and Health

Modification History

<table>
<thead>
<tr>
<th>CHC08 Version 3</th>
<th>CHC08 Version 4</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHC40608 Certificate IV</td>
<td>CHC40608 Certificate IV</td>
<td>Updated unit codes and imported units. No change to qualification outcome.</td>
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</tbody>
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Description

This qualification addresses work in residential facilities and/or in community agencies and day centres and work under professional supervision within defined organisation guidelines or as sole practitioners.

These workers:
- Assist with design, implementation and evaluation of health and leisure activities and programs for clients in one or more sector areas
- May be responsible for other workers.

Occupational titles may include:
- Activities officer
- Community leisure officer
- Disability officer - day support
- Diversional therapy assistant
- Leisure officer
- Recreation activities officer

Pathways Information

Not Applicable

Licensing/Regulatory Information

Not Applicable

Entry Requirements

Not Applicable
Employability Skills Summary

Refer to the Topic: Introduction to the Employability Skills Qualification Summaries
Packaging Rules

PACKAGING RULES
16 units are required for award of this qualification including:

- 11 core units
- 5 elective units

A wide range of elective units is available, including:

- Group A WHS electives of which one must be selected for this qualification
- Group B electives of which one must be selected for this qualification
- Groups C and D electives from which at least one unit must be selected
- Group E electives which are recommended for culturally aware and respectful practice
- Other relevant electives listed below
- Units of competency to address workplace requirements and packaged at the level of this qualification or higher in Community Services and/or Health Training Packages
- Where appropriate, to address workplace requirements, up to 3 units of competency packaged at the level of this qualification or higher in other relevant Training Packages or accredited courses where the details of those courses are available on TGA or other public listing

Core units
CHCCOM403A Use targeted communication skills to build relationships
CHCCS400C Work within a relevant legal and ethical framework
CHCCS401C Facilitate responsible behaviour
CHCICS405B Facilitate groups for individual outcomes
CHCORG405E Maintain an effective work environment
CHCRH401C Work effectively in the leisure and health industry
CHCRH402B Undertake leisure and health programming
CHCRH404B Plan, implement and monitor leisure and health programs
CHCRH405B Plan leisure and health programs for clients with complex needs
CHCRH406A Apply knowledge of human behaviour in leisure activity programs
CHCRH407A Apply sociological concepts to leisure and health

Group A WHS electives - one unit must be selected
One of the following WHS units must be selected for this qualification.
CHCWHS312A Follow WHS safety procedures for direct care work
HLTWHS300A Contribute to WHS processes

Group B electives - one unit must be selected
One of the following units must be selected for this qualification.
HLTAP401B Confirm physical health status
HLTAP501C Analyse health information
At least one (1) elective is to be chosen from units in Groups C and D below.

**Group C first aid electives - one or more may be required**
One, two or three first aid units may be required, depending on jurisdictional requirements
- HLTFA311A Apply first aid
- HLTFA302C Provide first aid in remote situation (Note pre-requisite: HLTFA311A)
- HLTFA412A Apply advanced first aid (Note pre-requisite: HLTFA311A)

**Group D - general electives**
- BSBINM201A Process and maintain workplace information
- CHCCD404E Develop and implement community programs
- CHCCD412B Work within a community development framework
- CHCCHILD404B Support the rights and safety of children and young people
- CHCCS422B Respond holistically to client issues and refer appropriately
- CHCGROUP403D Plan and conduct group activities
- CHCICS302B Participate in the implementation of individualised plans
- CHCICS304B Work effectively with carers
- CHCICS404B Plan and provide advanced behaviour support
- CHCICS410A Support relationships with carers and families
- CHCINF408C Comply with information requirements of the aged care and community care sectors
- CHCORG525D Recruit and coordinate volunteers
- SRCCRD007B Develop recreation programs
- SISCCRO301A Assist with recreation games not requiring equipment

**The importance of culturally aware and respectful practice**
All workers undertaking leisure and health work need foundation knowledge to inform their work with Aboriginal and/or Torres Strait Islander clients and co-workers and with clients and co-workers from culturally and linguistically diverse backgrounds. This foundation must be provided and assessed as part of a holistic approach to delivery and assessment of this qualification. Specific guidelines for assessment of this aspect of competency are provided in the Assessment Guidelines for the Community Services Training Package.

**Group E - electives recommended for culturally aware and respectful practice**
Where work involves a specific focus on Aboriginal and/or Torres Strait Islander and/or culturally diverse clients or communities, one or both of the following electives is recommended:
- HLTHIR403C Work effectively with culturally diverse clients and co-workers
- HLTHIR404D Work effectively with Aboriginal and/or Torres Strait Islander people

**Other relevant electives**
Electives are to be selected in line with specified Packaging Rules. The following grouping of relevant electives is provided to facilitate selection and does not necessarily reflect workplace requirements. Employers may specify that certain electives are required to address specific workplace needs.

**Aged care**
- CHCAC318B Work effectively with older people
CHCAC319A Provide support to people living with dementia
CHCICS303A Support individual health and emotional well being
SISCCRO303A Plan and conduct a recreation program for older persons

**Disability**

CHCDIS301C Work effectively with people with a disability
CHCDIS302A Maintain an environment to empower people with disabilities
CHCDIS322A Support community participation and inclusion
CHCDIS507C Design and adapt surroundings to group requirements
SISCCRD303A Facilitate inclusion for people with a disability
SISCCRO304A Plan and conduct disability recreation programs

**Mental health**

CHCMH402B Apply understanding of mental health issues and recovery processes
CHCMH405A Work collaboratively to support recovery process
CHCMH411A Work with people with mental health issues

**Alcohol and other drugs**

CHCAOD402B Work effectively in the alcohol and other drugs sector

**Youth**

CHCYTH301E Work effectively with young people
CHCYTH505E Support youth programs

**Working with specific groups**

CHCCS422B Respond holistically to client issues and refer appropriately
HLTHIR403C Work effectively with culturally diverse clients and co-workers
HLTHIR404D Work effectively with Aboriginal and/or Torres Strait Islander people

**Community care**

CHCAC317A Support older people to maintain their independence
CHCHC311C Work effectively in home and community care
CHCICS304B Work effectively with carers
HLTRAH302C Undertake home visits

**Social housing / homelessness support electives**

CHCH301C Work effectively in social housing
CHCCH427B Work effectively with people experiencing or at risk of homelessness
CHCCH522B Undertake outreach work

**Oral health**

CHCOHC303B Use basic oral health screening tools
CHCOHC401A Inform and encourage clients and groups to understand and achieve good oral health
CHCOHC402A Support clients and groups to learn practical aspects of oral health care