



Australian Government

Department of Education, Employment and Workplace Relations

CHC40608 Certificate IV in Leisure and Health

Release: 1

CHC40608 Certificate IV in Leisure and Health

Modification History

Not Applicable

Description

This qualification addresses work in residential facilities and/or in community agencies and day centres and work under professional supervision within defined organisation guidelines or as sole practitioners.

These workers:

- Assist with design, implementation and evaluation of health and leisure activities and programs for clients in one or more sector areas
- May be responsible for other workers.

Occupational titles may include:

- | | |
|------------------------------------|---------------------------------|
| • Activities officer | • Diversional therapy assistant |
| • Community leisure officer | • Leisure officer |
| • Disability officer - day support | • Recreation activities officer |

Pathways Information

Not Applicable

Licensing/Regulatory Information

Not Applicable

Entry Requirements

Not Applicable

Employability Skills Summary

Refer to the Topic: Introduction to the Employability Skills Qualification Summaries

Packaging Rules

PACKAGING RULES

16 units are required for award of this qualification including:

- 11 core units
- 5 elective units

A wide range of elective units is available, including:

- Group A OHS electives of which one must be selected for this qualification
- Group B electives of which one must be selected for this qualification
- Groups C and D electives from which at least one unit must be selected
- Group E electives which are recommended for culturally aware and respectful practice
- Other relevant electives listed below
- Units of competency to address workplace requirements and packaged at the level of this qualification or higher in Community Services and/or Health Training Packages
- Where appropriate, to address workplace requirements, up to 3 units of competency packaged at the level of this qualification or higher in other relevant Training Packages or accredited courses where the details of those courses are available on the NTIS or other public listing

Core units

CHCCOM403A Use targeted communication skills to build relationships

CHCCS400B Work within a relevant legal and ethical framework

CHCCS401B Facilitate responsible behaviour

CHCICS405A Facilitate groups for individual outcomes

CHCORG405D Maintain an effective work environment

CHCRH401B Work effectively in the leisure and health industry

CHCRH402A Undertake leisure and health programming

CHCRH404A Plan, implement and monitor leisure and health programs

CHCRH405A Plan leisure and health programs for clients with complex needs

CHCRH406A Apply knowledge of human behaviour in leisure activity programs

CHCRH407A Apply sociological concepts to leisure and health

Group A OHS electives - one unit must be selected

One of the following OHS units **must** be selected for this qualification.

CHCOHS312B Follow safety procedures for direct care work

HLTOHS300B Contribute to OHS processes

Group B electives - one unit must be selected

One of the following units **must** be selected for this qualification.

HLTAP401B Confirm physical health status

HLTAP501B Analyse health information

At least one (1) elective is to be chosen from units in Groups C and D below.

Group C first aid electives - one or more may be required

One, two or three first aid units may be required, depending on jurisdictional requirements

HLTFA301C Apply first aid

HLTFA302B Provide first aid in remote situation (Note pre-requisite: HLTFA301C)

HLTFA402C Apply advanced first aid (Note pre-requisite: HLTFA301C)

Group D - general electives

BSBINM201A Process and maintain workplace information

CHCCD404D Develop and implement community programs

CHCCD412B Work within a community development framework

CHCCHILD404A Support the rights and safety of children and young people

CHCCS422A Respond holistically to client issues and refer appropriately

CHCGROUP403D Plan and conduct group activities

CHCICS302A Participate in the implementation of individualised plans

CHCICS304B Work effectively with carers

CHCICS404A Plan and provide advanced behaviour support

CHCICS410A Support relationships with carers and families

CHCINF408C Comply with information requirements of the aged care and community care sectors

CHCORG525D Recruit and coordinate volunteers

SRCCRD007B Develop recreation programs

SRCCRO001B Assist with recreation games not requiring equipment

The importance of culturally aware and respectful practice

All workers undertaking leisure and health work need foundation knowledge to inform their work with Aboriginal and/or Torres Strait Islander clients and co-workers and with clients and co-workers from culturally and linguistically diverse backgrounds. This foundation must be provided and assessed as part of a holistic approach to delivery and assessment of this qualification. Specific guidelines for assessment of this aspect of competency are provided in the Assessment Guidelines for the Community Services Training Package.

Group E - electives recommended for culturally aware and respectful practice

Where work involves a specific focus on Aboriginal and/or Torres Strait Islander and/or culturally diverse clients or communities, one or both of the following electives is recommended:

HLTHIR403C Work effectively with culturally diverse clients and co-workers

HLTHIR404D Work effectively with Aboriginal and/or Torres Strait Islander people

Other relevant electives

Electives are to be selected in line with specified Packaging Rules. The following grouping of relevant electives is provided to facilitate selection and does not necessarily reflect workplace requirements. Employers may specify that certain electives are required to address specific workplace needs.

Aged care

CHCAC318B Work effectively with older people

CHCAC319A Provide support to people living with dementia

CHCICS303A Support individual health and emotional well being

SRCCRO009B Conduct a recreation program for older persons

Disability

CHCDIS301B Work effectively with people with a disability

CHCDIS302A Maintain an environment to empower people with disabilities

CHCDIS322A Support community participation and inclusion

CHCDIS507C Design and adapt surroundings to group requirements

SRCCRD006B Implement community inclusion processes for people with a disability

SRCCRO010B Conduct a recreation program for people with a disability

Mental health

CHCMH402A Apply understanding of mental health issues and recovery processes

CHCMH405A Work collaboratively to support recovery process

CHCMH411A Work with people with mental health issues

Alcohol and other drugs

CHCAOD402B Work effectively in the alcohol and other drugs sector

Youth

CHCYTH301E Work effectively with young people

CHCYTH505D Support youth programs

Working with specific groups

CHCCS422A Respond holistically to client issues and refer appropriately

HLTHIR403C Work effectively with culturally diverse clients and co-workers

HLTHIR404D Work effectively with Aboriginal and/or Torres Strait Islander people

Community care

CHCAC317A Support older people to maintain their independence

CHCHC311B Work effectively in home and community care

CHCICS304B Work effectively with carers

HLTRAH302B Undertake home visits

Social housing / homelessness support electives

CHCCH301B Work effectively in social housing

CHCCH427A Work effectively with people experiencing or at risk of homelessness

CHCCH522A Undertake outreach work

Oral health

CHCOHC303A Use basic oral health screening tools

CHCOHC401A Inform and encourage clients and groups to understand and achieve good oral health

CHCOHC402A Support and encourage clients and groups to learn practical aspects of oral health care