Assessment Requirements for CHCMHS010 Implement recovery oriented approaches to complexity

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Modification History

Release	Comments
Release 1	This version was released in *CHC Community Services Training Package release 2.0* and meets the requirements of the 2012 Standards for Training Packages. New unit.

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- performed the activities outlined in the performance criteria of this unit during a period of 160 hours of work worked collaboratively with at least 3 different people with mental illness, and as relevant, their support network, to develop and implement a recovery plan
- worked with at least 4 of the following complexity issues with those people:
  - alcohol and other drugs (AOD)
  - gambling
  - torture
  - grief and loss
  - disability
  - family violence
  - child protection
  - justice system
  - social housing/homelessness

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations (international, national, state/territory and local) for addressing complexity in mental health work, and how these are applied in organisations and individual practice:

- codes of practice
- continuing professional education
- discrimination
- dignity of risk
- duty of care
- human rights
- informed consent
- mandatory reporting
- practice standards
- privacy, confidentiality and disclosure
- policy frameworks
- records management
- rights and responsibilities of workers, employers and individuals accessing the service
- specific mental health legislation and its impact on individual workers
- work role boundaries – responsibilities and limitations
- work health and safety
- values and principles of the mental health sector, including:
  - recovery
  - recovery oriented practice
  - health promotion and prevention
  - holistic approach
  - empowerment/disempowerment
  - access and equity
  - early intervention
  - rights
  - social justice and inclusion
  - citizenship
- advocacy and promotion and support of self advocacy strength based practice
- factors that contribute to complexity and the service delivery models, frameworks and legislation in the following and their links with mental health, including:
  - AOD
  - chronic disease
  - economic circumstance
  - education
  - gambling
  - torture
  - grief and loss
  - disability
  - family violence
  - child protection

- - justice system
  - social housing/homelessness
- cultural safety considerations
- techniques for communication and motivational interviewing/counselling, including:
  - active listening
  - attending skills, use of body language, non-verbal communication
  - paraphrasing
  - reflecting feelings
  - open and closed questioning or probing
  - summarising
  - reframing
  - exploring options
  - normalising statements
- communication techniques required for dealing with complexity:
  - conflict resolution
  - negotiation
- approaches to practice, including:
  - motivational interviewing
  - solution focused approaches
  - strength based approaches
  - cognitive behavioural approaches
  - narrative approaches
  - acceptance and commitment therapy (ACT)
  - dialectal behavioural therapy
- reflective practice and its role in underpinning ongoing learning, growth and good practice

Assessment Conditions

Skills must have been demonstrated in the workplace with the addition of simulations and scenarios where the full range of contexts and situations have not been provided in the workplace. Where simulation is used, it must reflect real working conditions by modelling industry operating conditions and contingencies, as well as, using suitable facilities, equipment and resources.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Links

Companion Volume implementation guides are found in VETNet - https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53