



**Australian Government**

# **Assessment Requirements for CHCLAH008 Provide leisure education**

**Release: 1**

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## Modification History

Release	Comments
Release 1	<p>This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages.</p> <p>Significant change to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Minimum work hours added.</p>

## Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- developed, planned, implemented and documented a leisure education program, including 2 session plans for at least 2 of the following purposes:
  - personal understanding of leisure
  - range of opportunities to participate
  - skill development
  - personal development
  - self expression
  - long term behaviour
  - attitude change
- planned and implemented at least 2 programs that addressed:
  - self awareness in leisure
  - leisure attitudes and appreciation
  - problem solving and decision making skills
  - social interaction skills
  - leisure activity skills
- performed the activities outlined in the performance criteria of this unit during a period of at least 240 hours of work

## Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- history and philosophy of leisure education
- the place of leisure education as a component of a comprehensive leisure service
- the skills required of an effective helper and why they are important to the leisure education process
- the purpose of leisure education, including:
  - personal growth
  - skill development and mastery
  - removal of barriers
  - increased access
  - health
  - socialisation
- outcomes and benefits of leisure education, including:
  - personal understanding of leisure
  - range of opportunities to participate
  - skill development
  - personal development
  - self expression
  - long term behaviour
  - attitudinal change
  - various leisure education models
- main components of a leisure education program:
  - self awareness in leisure
  - leisure attitudes and appreciation
  - problem solving and decision-making skills
  - knowledge of leisure resources
  - social interaction skills
  - leisure activity skills
- leisure education processes:
  - leisure planning
  - learning skills
  - needs analysis
- well being:
  - self-esteem
  - stress management
  - rehabilitation
  - mental health

- leisure education session plans, environment and equipment and how to adapt them
- a range of leisure education goals

## Assessment Conditions

Skills must have been demonstrated in the workplace with the addition of simulations and scenarios where the full range of contexts and situations have not been provided in the workplace.

The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
  - individualised plans and equipment or resources outlined in the plan
  - assessment tool/s for developing leisure education programs

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

## Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4fle53>