CHCGMB002 Provide counselling for clients with problem gambling issues
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Modification History

<table>
<thead>
<tr>
<th>Release</th>
<th>Comments</th>
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<tbody>
<tr>
<td>Release 1</td>
<td>This version was released in CHC Community Services Training Package release 3.0 and meets the requirements of the 2012 Standards for Training Packages. Significant changes to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant change to knowledge evidence. Supersedes CHCGMB503A</td>
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Application

This unit describes the knowledge and skills required to provide and monitor support, counselling and interventions for clients affected by problem gambling. Counsellors provide support and review goals and strategies using a holistic approach to establish and maintain change in the gambling activity, as well as looking at the reasons underlying and/or contributing to the problem.

This unit applies to counsellors working with people affected by problem gambling.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand Standards and industry codes of practice.
## Elements and Performance Criteria

<table>
<thead>
<tr>
<th>ELEMENT</th>
<th>PERFORMANCE CRITERIA</th>
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<tbody>
<tr>
<td><strong>Elements define the essential outcomes</strong></td>
<td><strong>Performance criteria describe the performance needed to demonstrate achievement of the element.</strong></td>
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</table>
| 1. Provide practical support or information | 1.1 Provide relevant and current information on problem gambling and discuss with clients  
1.2 Based on review of the client’s assessment and case plan, develop practical strategies to address immediate gambling concerns  
1.3 Provide immediate information, response or referral for crises arising from client’s problem gambling and other issues  
1.4 Provide information and support with daily living needs in accordance with organisation policies and procedures |
| 2. Counsel clients | 2.1 Use counselling skills to explore the scope, depth and nature of client’s issues and identify the complexity and interrelated issues in client’s life  
2.2 Explore the function, purpose and context of gambling in the life of the client and its impact  
2.3 Exploring factors which trigger the gambling behaviour or encourage its continuation  
2.4 Negotiate goals and action plans with client and document in accordance with organisation policies and procedures |
| 3. Apply interventions to support choice and change | 3.1 Review and select possible models and techniques to meet client needs  
3.2 Work with client to develop realistic expectations of counselling and change processes or choice  
3.3 Explore and implement options for change or choice that minimise the harm resulting from gambling  
3.4 Maintain engagement while resistance and defences are managed  
3.5 Apply relapse prevention and management principles and strategies  
3.6 Refer client to other services according to individual |
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| 4. Work with families and significant others | 4.1 Identify and provide support family members or significant others as a client  
4.2 Explore boundary issues and challenges with client  
4.3 Proactively consider and address impact on children within work role boundaries  
4.4 Work collaboratively with others to support client needs according to organisation policies and procedures |
| 5. Review client and counselling progress | 5.1 Review client’s progress against case plan and record and report according to organisation guidelines  
5.2 Seek client feedback on process and use learning to inform further action and own practice  
5.3 Negotiate revisions to action plans and timeframes as required and incorporate into case plan  
5.4 Review counselling process and outcomes of client work with supervisor and/or colleagues according to organisation policies and procedures  
5.5 Negotiate exit with client and provide support in accordance with organisation policies, procedures and available resources |

**Foundation Skills**

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

**Unit Mapping Information**

No equivalent unit.
Links

Companion volumes from the CS&HISC website - http://www.cshisc.com.au