

Australian Government

# Assessment Requirements for CHCFAM003 Support people to improve relationships

Release: 1

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#### **Modification History**

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release</i> 3.0 and meets the requirements of the 2012 Standards for Training Packages.
	Significant changes to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant change to knowledge evidence.
	Merged CHCFAM406B/CHCFAM515B/CHCCONS403C

### **Performance Evidence**

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- engaged with, and supported at least 5 different individuals or family groups to improve their interpersonal relationships using strengths-based approaches, including:
  - couples
  - families with children
  - people from different cultures
  - people from different socio-economic backgrounds
  - people with different educational levels
- addressed all of the following issues:
  - individual/personal issues
  - health and lifestyle challenges
  - couple issues
  - family relationship issues.

### **Knowledge Evidence**

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations (national and state/territory) for workers in community services roles, and how these are applied in organisations and individual practice:
  - children in the workplace
  - codes of conduct
  - duty of care
  - human rights
  - mandatory reporting
  - privacy, confidentiality and disclosure
  - records management
  - rights and responsibilities of workers and employers
  - work role boundaries responsibilities and limitations
  - work health and safety
- principles of strengths-based practice and their application in working with clients, including:
  - how change occurs when using strengths-based approaches and potential constraints to these changes
  - tools for strengths-based practice
- factors that impact different people and their interpersonal relationships, and the related elements that contribute to healthy, effective and lasting relationships, including:
  - individual/personal issues, including:
    - work/life balance
    - disability
    - beliefs, values, experiences, self-esteem
    - grief and loss
    - aloneness and isolation
    - ageing
  - health and lifestyle, including:
    - alcohol and other drugs dependencies
    - gambling
    - mental health including depression, suicide/self-harm tendencies, bipolar, anxiety, post-traumatic stress disorder
    - illness (acute or chronic)
    - trauma
  - couple issues, including:
    - sexuality, intimacy, trust, respect, love
    - affairs
    - separation,
    - repartnering
    - same sex couples
    - infertility
    - power and control within relationships

- domestic and family violence and abuse
- conflict
- finances and financial and budgeting decisions
- recognition and acceptance of difference
- family issues and themes and legacies, including:
  - domestic and family violence
  - parenting and transitions from partners to parents
  - attachment
  - breast feeding and early parenting
  - developmental delays in children
  - roles of father and mothers in children's lives
  - step-parenting and blended families
  - influences of extended family and friends
  - parenting in same sex relationships
- diversity (either within the family or between the family and wider community) as a result of:
  - culture
  - religion
  - gender
  - language
  - education levels
- local support services available to clients needing external information, support or interventions.

#### **Assessment Conditions**

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
  - client information
  - organisation policies and procedures
- modelling of industry operating conditions, including:
  - scenarios that involve interactions with other people.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

#### Links

Companion Volume implementation guides are found in VETNet https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53