Assessment Requirements for CHCCSL006 Select and use counselling therapies

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in *CHC Community Services Training Package release 3.0* and meets the requirements of the 2012 Standards for Training Packages. Significant changes to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant changes to knowledge evidence. Additional assessor requirements. Supersedes CHCCSL506A

Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- provided counselling to at least 3 different clients, cumulatively using at least 3 different counselling therapies, one of which must be cognitive behavioural therapy (CBT)
- provided counselling services, within scope of own role, addressing at least 4 of the following issues:
    - anxiety
    - family issues
    - grief and loss
    - parenting
    - pregnancy
    - relationship
    - self-esteem
    - social isolation
    - stress management.

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations for the use of counselling therapies, and how these are applied in individual practice:
    - codes of conduct/practice
    - discrimination
    - duty of care
    - human rights
    - mandatory reporting
    - practitioner/client boundaries
    - privacy, confidentiality and disclosure
    - records management
    - rights and responsibilities of workers, employers and clients
    - work role boundaries – responsibilities and limitations
    - work health and safety
- issues and concerns with which clients may present, their characteristics and the types of counselling therapies that may be used in response, including:
    - anxiety
    - family issues
    - grief and loss
    - parenting
    - pregnancy
    - relationship
    - self-esteem
    - social isolation
    - stress management
- features of at least 5 counselling therapies (including CBT) including their:
    - historical development
    - terminology
    - underpinning concepts and principles
    - processes used in applications
    - benefits and limitations for different clients
    - roles of counsellor and client
- how different therapies may be combined to address particular needs
- indicators of client's issues requiring referral
- credible sources of information on counselling therapies and trends.

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
  - client information
  - individualised counselling plans
- modelling of industry operating conditions, including:
  - scenarios that involve complex interactions with real people in face-to-face situations where candidate and client are physically present in the same room
  - scenarios that involve problem-solving.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

In addition, assessors must have 2 years experience working in a counselling role and hold a qualification in counselling or related field that involves counselling, at Diploma level or higher (or equivalent qualification).

Links

Companion Volume implementation guides are found in VETNet - https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53