



Australian Government

CHCCSL005 Apply learning theories in counselling

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release 3.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant changes to knowledge evidence. Additional assessor requirements. Supersedes CHCCSL505A

Application

This unit describes the skills and knowledge required to apply theory underpinning behaviourism and social learning to formulate and monitor a program for behaviour change in a counselling context.

This unit applies to individuals whose job role involves working with clients on personal and psychological issues within established policies, procedures and guidelines.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand Standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Research learning theories

- 1.1 Identify and access sources of information on learning theories
- 1.2 Read and interpret information, distilling key themes and messages for counselling work
- 1.3 Organise and record information to support current and future practice

ELEMENT**PERFORMANCE CRITERIA**

2. Analyse behavioural outcomes of different modelling and reinforcement influences

2.1 Identify and analyse the impact of modelling influences in a client's environment to facilitate client change

2.2 Analyse individual responses to similar modelling and reinforcement

2.3 Analyse the effects of environmental differences and dysfunctional environments

3. Formulate a program for change in a counselling context

3.1 Identify change required to achieve identified outcomes and formulate and record a program for change

3.2 Apply stimulus and response techniques in counselling practice

3.3 Apply reinforcement approaches to support behaviour change

3.4 Develop a process for program monitoring, recording and intervention, according to individual client needs

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>