



Australian Government

CHCCSL004 Research and apply personality and development theories

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release 3.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant changes to knowledge evidence. Additional assessor requirements. Supersedes CHCCSL504A

Application

This unit describes the skills and knowledge required to research key concepts and constructs of theories of personality and human development, and link those to counselling practice.

This unit applies to individuals whose job role involves working with clients on personal and psychological issues within established policies, procedures and guidelines.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand Standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Research theories of personality and human development

- 1.1 Identify and access sources of information on theories of personality and human development
- 1.2 Read and interpret information, distilling key themes and messages for counselling work
- 1.3 Document and organise information to support current and future practice

ELEMENT	PERFORMANCE CRITERIA
2. Link theories to own practice	2.1 Evaluate potential applications of personality and lifespan development theories in the counselling process 2.2 Analyse individual behaviour using theoretical concepts of personality and lifespan development 2.3 Assist clients to understand their personal history drawing on theoretical approaches 2.4 Draw on theories to address specific client issues and challenges
3. Update and maintain knowledge of theoretical trends	3.1 Identify and use opportunities to update and expand own knowledge of theory 3.2 Incorporate and integrate knowledge into own practice

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>